Jacobstow Journal 6

Providing news and information for the Parish of Jacobstow

www.jacobstowvillage.co.uk

Issue: 75 Feb/March 2023



Delivery free to every household in the Parish - otherwise 50p

Editorial from Sarah

I went for a dog walk along the canal this morning with a friend (Yes, I have got one) and as usual in Bude everyone who passed us said, "Good morning" and maybe added a, "What about this wind then?" for good effect. I remember when my niece came to visit and we walked the canal and she said, "How do you know all these people?"

The same can be said for our happy little village; everyone is always happy to stop, have a chat and moan about the weather, unless it is blowing such a hooley that you physically can't stand still long enough to exchange words. I moved to Jacobstow 21 years ago; (I obviously do not count myself as a local, that would be foolhardy) and as such I know what its like to live in a large town and not even know the name of the person who lives two doors down. I can walk through this village and practically name everyone who lives in each house as I walk past. Now that gives me a lovely warm glow. If you are reading this and thinking, "Well, I don't know everyone like that," why not pop a stout pair shoes on and go for a little potter. I can guarantee that someone will stop and have a chat... unless the wind is hurrying everyone along.

Happy new year everyone! Sarah

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.
Sarah Smith
Almar, Jacobstow. EX23 0BN

Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

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The deadline for adverts, letters or articles for the April/May edition will be 15th March Please note this does not guarantee that the item will be published due to possible limitations on space.

Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

Jacobstow Parish Council

Chairman: Mrs Charmaine Smith

<u>Parish Clerk:</u> Mrs D. Turner 01566-781269 <u>Members:</u> Mr Norman Osborne Mr John Shepherd Mr Andy Vogel Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstowvillage.co.uk

Summary of Parish Council Meeting held on 7th December, 2022

Cllr. Charmaine Smith chaired the Ordinary meeting with five Councillors and County Cllr. Nicky Chopak attending.

<u>Planning Application PA22/09326</u> – Highway Farm Jacobstow – Councillors object to this planning as it was felt that this is an over development in a rural setting, with the planning for PA22/03981 being proposed on the same site with a total of five dwellings. Should be attracting affordable housing. Also the entrance to this proposed site is on a hill with a blind bend on the A39

<u>Planning Application PA22/10057</u> – Trefrida Farm, Jacobstow – Reserved Matters Application for Access, Appearance, Landscaping, Layout and Scale following consent PA22/03339. Councillors have no objection.

<u>Planning Application No PA22/09626</u> — Oakdeane. Edgar Road - Construction of double garage ancillary to main dwelling and creation of new vehicular access from Edgar Road. Councillors have no objections. Would like a condition that it is to be a workshop/garage and cannot be sold separately to the main dwelling.

Cllr. Chopak had donated a tree to the Parish. Ask the school it they would like it in their garden.

Cllr. Chopak will report the pot holes from Wainhouse Corner down through the village.

Please note: there was no Parish Council Meeting in January 2023



Quiz Night THE OLD WAINHOUSE INN 01840230711

Sunday 12th February 7pm for 7.30 stat.

Teams of 4 £2.00 per person

all proceeds to The Cornwall
Air Ambulance

SCOTT MANN - Facebook extracts.

I'm really pleased that the Old Library in Bodmin has been awarded around £180,000 from the Government's post-Brexit replacement for EU administered funding. I am also pleased that 45,000 visas for seasonal workers will be available for



businesses next year, the Government confirmed today, providing a boost for the UK's horticulture industry. These visas will last up to six months. Bodmin College is one of the latest schools across England set to benefit from the Conservative Government's ten-year School Rebuilding Programme, which has invested over £13 billion to maintain and improve schools since 2015. You can visit my Facebook page for 13th December 2022 which has a video about it.

www.devonandcornwall-pcc.gov.uk

This is your link to the Police Commissioner's Report



Nicky Chopak, your County Councillor contact details - mobile no: 07810 302061

Email: nickychopak@gmail.com.

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Jacobstow Neighbourhood Watch



It's that time of year again where sheep are heavy in lamb. Please can dog owners beware when running dogs off leads that what can seem like a bit of fun for dogs can be disastrous for sheep, often aborting lambs. There are at least two farms on the edge of Swannacoot Woods that have put a shoot to kill policy in place for sheep worrying, after losing sheep to attacks. Don't lose your beloved pet due to a moment of madness. Did you know over 15,000 sheep are killed in domestic dog attacks? All sheep attacks are a crime and the police will provide a crime number. Key evidence needs to be collated and





preserved to ID the dogs.

BUDE POLICE STATION IS OPENING ITS ENQUIRY OFFICE FROM MONDAY 16TH JANUARY.

Opening times: Monday, Tuesday, Wednesday. 10am - 3pm Lansdowne Close EX23 8BP. Closed all bank holidays.

You are welcome to come in to talk to one of the staff face to face to report a crime or an incident. Please note these are only the initial opening times; we will be increasing the hours

the enquiry office is open later in the month.

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

CRAFT DAY at the PARISH HALL

A great day with Mary making felt slippers included a lot of laughs and an excellent lunch.



For more information about future Arts & Craft Days contact : Mary - 01840 230656 or Jeanne - 01840 230113

WEATHERWISE by Monitor

November was notably mild, very similar to last year with the air mass source from the tropics. The first day saw heavy rain showers and squally winds gusting 68 knots from a named storm from earlier. Two thunderstorms were observed, the first around ten in the morning offshore to the southwest, and another one locally in the early afternoon which resulted in a brief power outage. A mild day, 14°C. A further storm was noted on the 3rd, it was seaward off the north coast but limited in activity.

The mild conditions continued into the following week. 16.5°C was recorded on the 5th, 16°C on the 6th. Southerly winds brought even warm conditions later in the month with the 11th seeing 17.1°C, 16.5°C on the 12th and 17°C again on the 13th.

The 15th was a very wet day, with nearly an inch of rain collected overnight into the morning with heavy showers during the day. Moderate to heavy river flows on the Ottery were observed. The wet conditions continued into the 16th, with the river peaking at 0.69m by the evening. The rest of the month continued with the unsettled theme, southerly winds gave a mild night on the 26th, with the temperature 14.5°C by midnight.

Rainfall for the month was well above average, 10.61" was collected here in the valley against my 10 year average of 5.65".

December started to cool down by the end of the first week. A moderate frost was observed on the 9th at -3.7°C. Showers of snow pellets with thunder were noted on the 10th with an overnight frost and ice in the morning. Further light snow showers were observed into the following week with moderate to severe frosts overnight. The coldest night recorded here was on the 16th at -6.6°C with many locations recording very low temperatures. The lowest locally was at North Wyke which recorded -12.7°C. Matters started to improve by the 18th with 13.6°C late in the day around 2300. The mild conditions remained to see the year out.

A total of 5.25" was collected for the month, my 10 year average for December being 6". The total for the year was 45.08" which was about average for the previous decade. No particular trends here, although recording stations along the north coasts have noticed rainfall amounts slightly declining than previously observed over the same period.

HIGH TIDES and SUNSET February - March 2023									
Date	Feb 3	Feb 10	Feb 17	Feb 24	Mar 3	Mar 10	Mar 17	Mar 24	Mar 31
AM	3.50	7.43	2.11	7.55	2.41	6.44	0.30	6.47	1.36
PM	16.11	20.01	14.49	20.12	15.10	19.00	13.21	19.04	14.33
Sunset	17.18	17.30	17.42	17.55	18.06	18.18	18.30	18.41	19.52

CHURCH AND CHAPEL SERVICES

3rd Sunday of each month 10.30am holy communion (19th February & 19th March)

Warbstow 1st and 4th Sunday of each month (5th February & 26th March)

As Rev Heather Aston has been unwell the services could be rearranged. It is best to check monthly for the updated notice on the church gate or porch.



Jacobstow Church



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Superintendent Minister

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Archbishop Of Canterbury's New Year message



This past year, we came together to mourn and celebrate, Her Late Majesty Queen Elizabeth II. I met many people from all over the world who queued to pay their respects. People looked out for each other day and night. It's one thing to do that for a few hours, another when we need to give or receive care day after day. Then we all need help.

Like many I rejoice that elderly relatives like my mother are still around. Their memories, their presence, their independence, are precious. Caring for them, loving them, is a privilege after what we have received from them. Whitstable, in the Diocese of Canterbury which I serve, is a

wonderful town. Like many coastal areas it has a high proportion of elderly people. People here – like everywhere– are dealing with rising costs.

Care homes are struggling too. Bills have risen; hiring and keeping staff is a challenge. Why work as a carer when you might get paid more in less demanding jobs? Caring's not easy. Good carers are wonderful people to be valued. Like Anne: who has worked as a carer at this care home for over 42 years. We know our care system is broken: but it doesn't have to be. We can rise to the challenge of fixing it. That means action from all of us; you, me, families, communities and government.

In a few weeks' time, the Archbishop of York and I will publish a significant report on social care. It will offer a hopeful vision of our society. One where no one is held back, overlooked or treated as a burden. Where families and unpaid carers get support too. Caring goes to the heart of what it means to be human. It's hard, but it can also be the most lifegiving thing we ever do. It comes back to that essential lesson: we need each other.

Jesus reminds us of the value of every single person, young or old. He challenges me to love everyone as I know he loves me. For love alone, Jesus came into our difficult world. I pray that in the hard times and the good, you find yourself loved and cared for.

And I wish you all a very Happy New Year.

Eternal lord, our beginning and our end: bring us with the whole creation to your glory, hidden through past ages and made known in Jesus Christ our Lord. Amen

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Cow - Bugh Rabbit - Conyn

Bull Tarow Rat - Logosen Vras

Fox - Laowarn Seal - Run

Goat - Gavar Sheep - Davas







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GARDEN PREPARATIONS AHEAD OF SPRING

Whether you like to "Grow Your Own" or concentrate on tending a colourful flower garden, February is a good month to plan what to grow and where. The ground is often wet (or frozen) so cleaning equipment and planting some early seeds indoors or under cover is useful preparation for the Spring.

Indoor sowing can begin for many veg. plot staples such as broad beans, onions, leeks, peas, brassicas, shallots and spinach. Keep seedlings warm and in a bright position until they are planted out in Spring. If mild, outdoor sowings can begin, but may need protection from harsh weather conditions. After flowering is over, clumps of snowdrops can be split and replanted for a larger display next year. Cut back overgrown hedges before they begin to grow and by mid-February before the birds start nesting.



If March is dry enough, it may be time to consider mowing, setting the mower blades high to begin with and looking for any troublesome areas such as bare patches, or mossy/weedy areas that need some extra care. Summer flowering bulbs such as gladioli and lilies can be planted, mulching to protect from late frosts. Strawberries and raspberries can also be planted. Prune roses before the buds burst into new growth and also Forsythia, and give buddleias a hard prune to encourage flowering.



There's nothing like new Spring shoots to lift our spirits, so enjoy your garden.

Wendy Hodgson

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2nd Jacobstow Scout Group

Scouts meet Tuesday 6.30-8 contact Robert 07842084971

Cubs meet Monday 6.30-8 contact Daphne 01288 352786

Beavers meet Wed'day 5.30-6.30 contact Josie 07855001284



Guides and Rainbows Mary Andrew 01840 230006

Brownies - Louise Cowling 07817985661

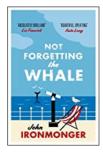
Jacobstow Book Club

Two books we have enjoyed recently are:

'The Woman made of Snow' by Elisabeth Gifford

An intriguing story about a family mystery: a missing bride; a disastrous 19th century trip to the Arctic and difficult relations between daughters and mother-in-laws in two different generations. This kept us guessing right to the end.





Joe Haak works as a financial analyst in a big city bank until something goes wrong and he

heads off to a coastal village, miles away in Cornwall. The mysterious stranger is found naked on the beach by the locals but is soon taken in and accepted by them. Joe, in his turn, sets out to save them when an international disaster strikes. A story relevant to today which was both moving and humorous.





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PUZZLE PAGE

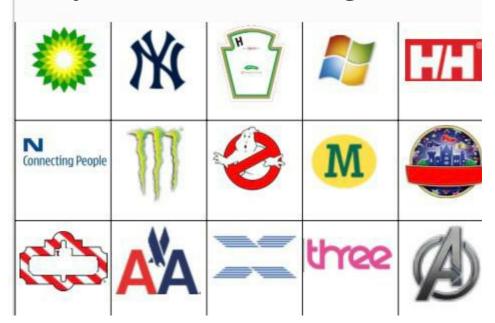
Welcome to your "tea break" puzzle page. This editions winner is Caroline Wakefield. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10th May 2023. Thank you to Wainhouse Stores for sponsoring this page.

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WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

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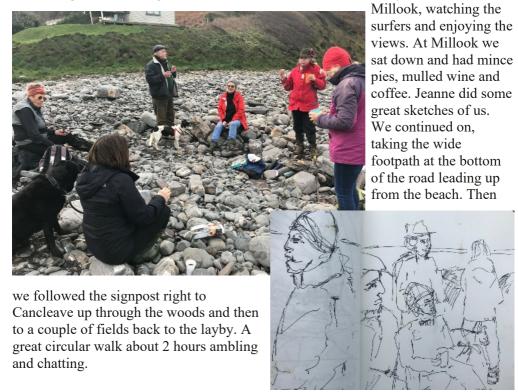
GARDENS TEL 01840 230385

JACOBSTOW AMBLERS WELCOME IN THE NEW YEAR.

So nice to meet up again on January 5th and we were blessed with good weather. We met at the layby at Cancleave. Mary, Mike, Anne, Sue, me (Celia Proudfoot) and Sally. Plus Anne's black labrador and Sue's dog Buster, renowned for "singing" in the car which I find hilarious but drives Sue nuts. (She has to live with him!) From Cancleave we took the coastal footpath down to Millook. The first



few yards were so muddy, slippery and treacherous that we nearly decided to turn back and do a different walk but we decided that the first bit would be the worst and sure enough it turned to grass rather than mud and we had a lovely walk down to



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LIGHTS IN THE TRIANGLE BUDE





CHRISTMAS 2022





Jacobstow Church Tree



CAROL CONCERT, JACOBSTOW CHURCH



BOSCASTLE

LOBSTER POT TREE



JACOBSTOW SCHOOL ENTERTAIN AT FRIENDS OF JACOBSTOW CHRISTMAS LUNCH





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WARM SPACES - A GUIDE TO FREE SPACES. Celia Proudfoot

- Warbstow Community Centre every Monday 1 pm 4pm Hot drinks and soup plus roll.
- All other spaces in Bude. All free. Please contact the Journal if you know of others nearer.
- Parkhouse Centre Bude: Monday, Wednesday. 10-4. On Friday FREE HOT SOUP & ROLLS.12.30 -2.30
- Neetside, Bude: Tuesday 10-3pm free. Wednesday toy library 9.15-11.15 free. Thursday. 10 -3pm Free. Saturday 10-11am toy library.
- The Pearl Exchange (Age 18-35) Pitch & Putt Building: Tuesday, Wednesday 2-5pm, Arty Fridays 2-5pm All free.
- Royal British Legion: Wednesday 10-4pm
- Bude Methodist Church Hall: Monday 10-12 Parent and toddler.
 Thursday Coffee morning: 10-12 Free, just turn up. Saturday Lego 10-12 Free.
- St Michaels Church: Saturdays: Coffee morning: Free
- The Tree Inn Stratton, Friday 12.30- 2.30 FREE HOT SOUP & ROLLS. Saturday 10-4pm open house.
- Bude Library: Although this is not officially classified as warm space, when I called in and spoke to them, they were happy for people to come in and use them as a warm space. Open Monday (story time 2pm), Wednesday, Fridays 10-4pm and Saturday 10-1pm.

PLEASE CONTACT THE JOURNAL IF YOU KNOW OF ANY WARM SPACES IN THE JACOBSTOW, WARBSTOW OR CRACKINGTON



AREA. You can email jacobstowjournal @gmail.com or phone Celia Proudfoot 01566781473.

Also let us know of any community transport that can help.



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We held a Crafting morning at the end of November with members making foliage and floral table decorations and glass painted tea light holders ready for



Christmas. We had great fun making some beautiful decorations and enjoyed crafting together.

We rounded off the year with our Christmas party when we enjoyed a musical evening, with a cappella group "More Harmony" from Wadebridge starting things off with festive songs and carols. The ladies then joined us for mulled juices and seasonal eats, followed by everyone carol singing together. We finished off with our traditional Secret Santa qifts.

This year we had also pledged to bring Christmas foodstuffs and gifts, for the Bude Food Bank and we collected a large box of contributions to donate to their Christmas Appeal.



For our first meeting of 2023, we welcomed Jenny Westaway to talk about the history of Wroes Department Store which began with a small clothing store on The Strand in 1919. It survived the Post War period, steadily growing it's clientelle and was later able to move into the High Street and has continued to develop into the modern department store we see today. Jenny shared many funny stories from her life and work with the company and brought items of ladies clothing from across the decades from her personal collection. It was a most enjoyable evening.

Our next meeting on 9th Feb will be a talk about the Landscape & Wildlife of Bodmin Moor and our AGM will be held on 9th March.



Jacobstow WI was formed in 1938, making 2023 its 85th year and so we have some special events planned to celebrate.

If you are interested in being part of today's modern WI, why not come along to one of our meetings

or give Jill a call on 01840 239829 to find out more.



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JACOBSTOW WALKING GROUP

DECEMBER WALK QUIZ ...

Which walk?
Name the fungi
Where's the saying?.
Where does Shaun live?
What's on the pole, not the insulator!
Where's the little tree?











Mary: 01840 230656; Celia: 01566 781 473; Sue: 01566 781292

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BALBIR SINGH DANCE COMPANY Sunday 26th February 2023 Crackington Institute



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stories to excite the senses and generate conversation. Featuring Classical Indian Dance and live music, this is truly a multicultural feast for all the senses.

Venue: Crackington Institute Doors: 7pm, Start: 7.30, Tickets £10 and £8

for under 18s.

Tickets: Crackington Stores, Wainhouse Stores or online:

https://www.ticketsource.co.uk/carn-to-cove/balbir-singh-dance-company-love-spice/2023-02-26/19:30/t-dvjvvzr



Sunday March 12 CLOCKS GO FORWARD



Booking is advisable Tel: 01840 23071

The Old Wainhouse Inn



A warm welcome from Sue, Neil and the Team is assured at the Old Wainhouse Inn. We hope you enjoy the warm relaxed atmosphere.

Please note Winter changes

Sunday Carvery 12-7pm, but no evening meals

No Breakfasts

Daily meals 12-8pm

Please check times and/or book your meals during the Winter

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GOING TO LONDON BY TRAIN, PARKING AT EXETER ST DAVIDS - Celia Proudfoot

The last time I have been on a train was in 2017. My husband dropped me at Exeter to meet my cousin in London and travel to France to meet my brother. This time it was the start of December and I wanted to travel with my husband to see my oldest brother who lives in London. We were sick of going by car, finding it tiring and stressful. We bought railcards (£30 each) the cost of which was covered by savings on the ticket prices, and booked our seats, checking there were no strikes



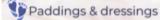


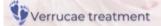
planned. Then we googled parking, typing in "Just Park car parks Exeter St Davids." We have the Just Park app on our phones which is free. The computer then came up with various places near to the station. The station car park was full and we wanted overnight parking. The search asks you dates and times you want to arrive and leave. I recommend Cowley Bridge. It says 9 mins walk but if you read further it says 2 mins walk which it is (I am a slow walker!) This car park has security gates and you will be sent an email with your own key code when you book. It cost us £20 to park late

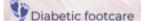
morning on one day until late afternoon the next. There is a lift at Exeter if you can't manage the stairs to get to the platform. Our train journey only took 2 hours and was so relaxing and comfortable. At Paddington we got the new Elizabeth Line tube to Tottenham Court Road. The Elizabeth Line is so clean and spacious and beautiful. There are glass screens on the platform with sliding doors to let you on the tube train. Also great shops at Paddington Station. We loved it and arrived at my brother's feeling happy and excited rather than exhausted and stressed.

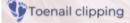


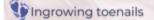


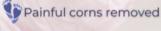












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Romantic Valentines Cupcakes



Ingredients

150ml pot natural yogurt
1 tsp vanilla extract
140g self-raising flour
100g ground almond
For the white chocolate frosting
100g white chocolate
140g icing sugar

3 eggs, beaten 175g golden caster sugar 1 tsp baking powder 175g unsalted butter, melted

140g unsalted butter for frosting

Method

STEP 1

Line a 12-hole muffin tin with paper cases and heat oven to 190C 170C fan, gas 5. In a jug, mix the yogurt, eggs and vanilla extract. Put the dry ingredients, plus a pinch of salt, into a large bowl and make a well in the middle.

STEP 2

Add the yogurty mix and melted butter, and quickly fold in with a spatula or metal spoon – don't overwork it. Spoon into the cases (they will be quite full) and bake for 18-20 mins or until golden, risen and springy to the touch. Cool for a few mins, then lift the cakes onto a wire rack to cool completely. Keep in an airtight container for up to 3 days or freeze as soon as possible.

STEP 3

White chocolate frosting: Melt the chocolate in the microwave on High for 1 1/2 mins, stirring halfway. Leave to cool. Beat the butter and icing sugar in a large bowl until creamy. Beat in the chocolate.

STEP 4

Spread over the cakes. Put the ribbon around the cakes now if you like, tying or glueing with the frosting. Keep cool, out of direct sunlight.

What's on

February

- Jewellery day at Marshgate
- Celine My Heart will go on Launceston Town Hall



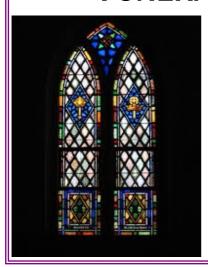
- Introduction to Mushroom Growing, Poundstock Gildhouse 2.00 - 4.30
- 7 Bude job fair at The Venue
- 10 Smoky Mountain Boys Tree Inn, Stratton 8pm
- 11-12 Snowdrop Weekend Pencarrow house 10 4.30
- 15 Cornwall Garden Society Lectures: In the Footsteps of the Plant Hunters by Gary Long Launceston Town Hall 2.30
- 15 Farm Grants Update & Navigating the Agricultural Transition Wilsey Down, Hallworthy 7.00-10.00
- 23 Lucy Porter Launceston Town Hall
- 25 Penstowe Manor Band together Brass Bands
- 27 Old Cornwall AGM with Archives on display Parkhouse Centre

March

- 18 Scarey South West conference at The Castle
- 19 Hall Cruttenden Launceston Town Hall
- 23 Spring Walk Marsland Woods Rectory Tea Rooms
- 25 Strong Enough (Cher Tribute) Launceston Town Hall
- 15-16 April Offset Show Royal Events Centre PL27 7JE Wadebridge Showground
- * Hot soup Fridays every Friday Parkhouse centre 12.30 2.30 Tree Inn Stratton 12.30 - 2.30 (Free)



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The Star Bench - by Mary Carter

Have folk ever wondered about the bench in Jacobstow churchyard?

The Star Party Millennium Bench "Dyw Genes?"

It marks an historic event when Jacobstow and St Gennys came

together. The ticket (pictured) will evoke memories for many.

It was 1999 .the year was ending and people were deciding on where to celebrate. The obvious thing was to go to the Coombe, but when it transpired that there would be a £15 entrance fee, the locals were not happy.

So we got together. Formed a committee. And the Old School at

Jacobstow was the chosen venue. We also were charging £15. But this included food, drink and music.

It was such fun and wonderful how so many played a part. Someone worked at the supermarket so used her discount to buy the food. The cooks were able to lay on the delicious buffet. The booze was on a sale or return deal..(it didn't run out!) Another party goer who was doing the art work for Body Shop offered to make and print the tickets .

Enormous sheets, not sure where they came from and lots of paint where turned into great art works by the teenagers. These were used to transform the workshop which with the canteen furniture lent from Zoeftigs, became the restaurant. Louise Parker's band Obsidian played, joined by other musicians that were in attendance. Everyone was in fancy dress and getting into the part. Then at midnight the giant

2000 that the lads had made out of straw was lit. A very loud cannon BOOMED! And then we had fireworks.

There was some money left over so we spent it on the bench. Dyw Genes! A Cornish greeting meaning "God Bless".







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www.nannyalibooks.co.uk, for further information and to book a visit.

JUBILEE CLUB

Monday 13 March - Caerhayes Castle





For more information call -Diana Halls - 01840 261366 or Tina Martin - 01840 230182

REGULAR EVENTS - In Parish Hall unless otherwise stated

Monday Cubs 6.30-8.00 Scout Hut

Brownies 4.30-5.30 - Canworthy Sunday School

Tuesday Scouts 6.30-8.00 Scout Hut

Rainbows 5.45-7.00 Guides 7.00-8.30

Weds Beavers 5.30-6.30 Scout Hut Sunday Coast Family Church 10.30

1st Tuesday monthly Parish Council meeting 7.30 Arts & Crafts Club Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details

2nd Thursday monthly WI 7.30

4th Tuesday monthly Juliotter Gardening Club, Otterham Hall, 7.30

LOCAL BUSES Please Note If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

95/95B and 94 These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

Transport for Cornwall - 08081962632 - www.transportforcornwall.co.uk

220 - Launceston, Tues; 371 - Launceston, Mon/Thurs;

372 - Holsworthy, Wed; 373 - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

Travel Cornwall - 01726 861108- www.transportforcornwall.co.uk

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Bude "One Stop Shop" and Library also) Nicky Chopak (County Councillor) North Cornwall MP Scott Mann Crimestoppers (Anonymous) Police Force Enquiry Centre Cornwall County Council Library Renewal Hotline Floodline

03001 234100 03001 234111 07810302061 0845 9881188 01288 355131 01208 75656 0345 3712717 03444994188 08006783105 03001234212 0800 555111 Citizens Advice Bureau-Advice Cornwall Power Cut-Western Power Distribution Dog Warden (Environmental Health) Sita Recycling Centre, Tiscott Wood

Other Numbers

38457 484950

08717818178

07002 326326

Farming Community Network National Express coaches National Rail Enquiries Rebel Cinema SAMARITANS **Child Line**

Nomen's Refuge

USEFUL CONTACT NUMBERS

Healthcare

Cats Protection, Holsworthy

01566 761030 01288 320100 01752 202082 01872 250000 01208 251300 01566 761001 01288 320101 01271 322577 7 Launceston Minor Injuries Stratton Minor Injuries NHS, Non-emergency Doctors' Surgeries Launceston Hospital Bodmin, E Cornwall Derriford, Plymouth **Stratton Hospital** Treliske, Truro Barnstaple Hospitals

Parent/Teacher Association Jenny Johnson Guides and Rainbows Mrs M Andrew Happy Crafters, Eden Chapel - Alison Jacobstow Church, Mr Brian Marshall Wainhouse Post Office and Stores Parish Hall Bookings, J Gimblett Women's Institute, Mrs J Baker Cub Groups, Mrs D Dowling Brownies Louise Cowling Art Group, Jeane Gimblett Jacobstow Infants School Beavers, Josie Shepherd Scouts, Robert Medland 01840 250209

01566 781418

07706927197

01840 230526 07706927197 01288 352786

07842084971

01840 230006

07817985661

01840 230330

01840 230656

Mo 01840230428 or Eve 01566 781452

01840 261237

Julietter Garden Club, Pat Thorne

Jacobstow Walks, Mary

Drs Nash & Uglow, Camelford

Medical Centre, Stratton

Neetside, Bude

Bottreaux Surgery, Boscastle

Jubillee Club,

01840 230554

01840 230337

Jacobstow Organisations