

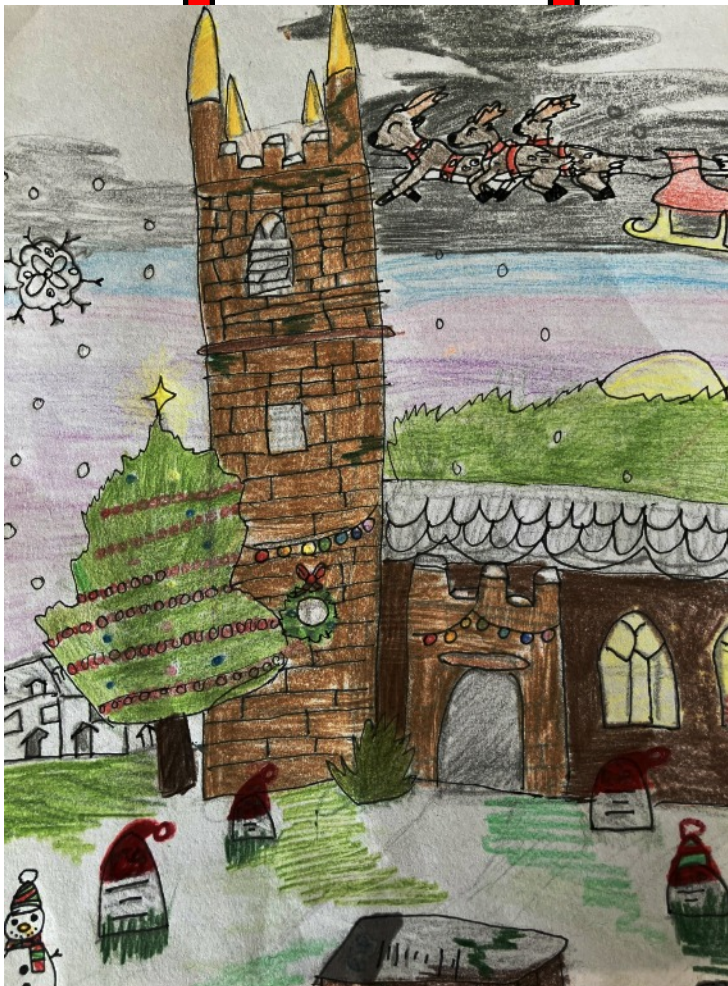


Jacobstow Journal



Providing news and information for the Parish of Jacobstow

www.jacobstovvillage.co.uk



Issue 85 Dec/Jan 24/25

Delivery free to every household in the Parish - otherwise £1.00

Editorial by Sarah

I recently spent an exciting afternoon manning a Jacobstow Journal stall at the Village Autumn Fair. Last year this event was very well supported and was a bustling good time. This year it was the complete opposite, hardly anyone came to look at the lovely stalls all laid out with amazing Christmas goodies. For all the stall holders who worked hard to produce all the goods for sale, it must have been a disappointing time. Some of the results must also be down to the advertising, maybe the event needed to get out there a bit more.

Maybe villagers would prefer to support the Village Hall remotely by setting up a monthly Direct Debit....we need to keep the Village Hall going, it's the heart of our Village.

On a less moaning note (sorry about that, I did go on a bit, didn't I?) I would like to welcome a new member to the Journal. Kim Cawley has put her head above the parapet and is most welcome!

I would also like to thank all of our lovely volunteers who help with the distribution of the Journal all year in all weathers, You are totally appreciated.

That just leaves me to wish all of our readers a happy Christmas and a very prosperous New Year...which you will have if you run a business and you place an advert with us!

Lol...

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

Sarah Smith

Almar, Jacobstow, EX23 0BN

Editorial Team

| | | |
|-----------------|-------------|--------------|
| Sarah Smith | Editor | 01840-230565 |
| Sue Burrows | Tec.Support | 07989 785518 |
| Celia Proudfoot | Articles | 01566-781473 |
| Jill Baker | Articles | 01840 239829 |

Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the February/March edition will be 10th January. Please note this does not guarantee that the item will be published due to possible limitations on space.

Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

Jacobstow Parish Council

Chairman: Mrs Charmaine Smith

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr Norman Osborne Mr John Shepherd Mr Andy Vogel
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstovillage.co.uk

Summary of Minutes of Meeting held on 1st October, 2024

Cllr. Charmaine Smith chaired the Ordinary meeting with four Councillors, County Cllr. Nicky Chopak and The Clerk attending.

Planning Application PA24/05096 – Eden Chapel - This had been approved by Cornwall Council.

Penhallym – It was reported that there needs to be something to keep the gate open when parking at Penhallym. Clerk to contact Penhallym to report this.

Election Costs - Information received to advise that Election costs for the May 2025 Council elections will be 25% higher than in previous year.

Goldfinch Close – Clerk to contact Rural Housing to see if there could be a Play area at Goldfinch Close. Parish Council have a small amount of money that could be used for this.

Southwest Ambulance Service – Account received for £1,000 plus VAT for four years cover on the defibrillator at the Parish Hall.

Post Box at Hele Barton – Clerk to contact Royal Mail again to report the missing post box.

Caravan at Cottage Farm – This had already been reported to Cornwall Council.



Nicky Chopak, your County Councillor contact details -
Mobile: 07810 302061 **Email:** nicky chopak@gmail.com.
Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Summary of Minutes of Meeting held on 5th November 2024

Councillor Charmaine Smith chaired the Ordinary monthly meeting with six Councillors and The Clerk attending.

Goldfinch Close – Correspondence received from Rural Housing saying that it is difficult coming out of the Close. They were asking if the Parish Council could put a mirror. Councillors felt that The Housing Assoc. should do this if it was necessary but to point out that if the hedge was trimmed back the vision would be much better.

Planning Application No PA24/07478 – Ash Cottage, Ash Farm, Jacobstow – Proposed extension to dwelling. Councillors support this.

Planning Application No PA24/07225 – The Barn, Edgar Road, Jacobstow – Demolition of existing building and erection of one dwelling. Councillors support this application.

Planning Application No PA24/07424 – Edmore Caravan Site, Edgar Rd, Jacobstow – Provision of one additional static caravan pitch replacing one existing touring pitch. Councillors support this.

Dog & Horse fouling – It was reported by a resident that people walking their dogs and people on horseback use the pathway between Tregenna Close and Cory Close.

Ask Cornwall Council if signs could be put asking for people to pick up after their dogs and a sign to say that this is not a bridle path.



O&R



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Jacobstow Neighbourhood Watch



NEIGHBOURHOOD WATCH - Police urge public to contact the appropriate agencies this Christmas.



People in Devon and Cornwall are being urged to check the best source of help or support before contacting the police this Christmas. Devon & Cornwall Police are asking people to remember the slogan “When something’s wrong - Report it right” in order to ensure callers get the best help from the most appropriate service. Our phone lines get very busy over the festive season and our call handlers are



ready 24/7 to help those in need, often taking difficult and complex calls. To ensure we can provide a timely response, we ask that you take a moment before you dial. If the incident requires an immediate police response, or someone’s life is at risk, then always call 999. **If you want to report a matter that is not an emergency, please use one of the following methods. Go to Home/ Police.uk (www.police.uk) on the Devon and Cornwall police website* or call 101.** This makes sure the lines are clear for those who really need them. We receive thousands of calls every year asking for help which the police are unable to give, such as noisy neighbours and lost dogs. Assistant Chief Constable Nikki Leaper said: “We know that when you get in touch with us it’s because you really need help. But it is important to remember that not all situations are handled by the police. **We are asking for the public only to dial 999 in an emergency and for other matters please report online or to an agency which is more suited to the problem.** “We want you to get the help you need as soon as possible and we want to save you time by making sure you speak to the right agency.”

* This website has lots of clear useful numbers to ring about problems such as sleeping rough, fraud, fly tipping, noise, land disputes, lost dogs. **The Journal** typed in the search bar on the website “report it right” and this came up with a list of agencies.

Any urgent information will be posted on the jacobstow village facebook page, don’t worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there

www.devonandcornwall-pcc.gov.uk

This is your link to the Police Commissioner’s Report

CORNISH CHRISTMAS TRADITIONS

Nadelik Lowen! That's Happy Christmas in Cornish!
And they have some fine traditions!

THE MAKING OF THE CORNISH BUSH

Like many Cornish traditions, the Cornish Bush has its roots in Pagan celebrations for the winter solstice. Its meanings and symbolisms have been adapted to Christian traditions, and this three-dimensional wreath now represents new life. It is made by weaving holly, mistletoe and ivy around a circle of withy.



The beautiful ringlet is traditionally hung indoors on December the 20th. It's topped with an apple, and a candle is placed in the middle of the circle.

Dancing in rings underneath the Cornish Bush whilst the candle is lit welcomes in the light of God.



BRINGING BACK CHRISTMAS CAROLS

Christmas lost a lot of traditions when Cromwell and his parliament abolished it in 1647. Thankfully we got it back (imagine no Yule Log, trifle, or big tins of chocolates to look forward to once a year!), although due to Methodism and the repressed Victorians, a lot of the flair and magic was sapped from the event. Luckily the Cornish love a sing-song,

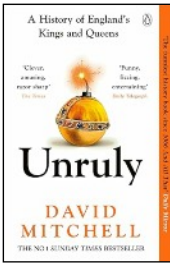
and in 1822 Davies Gilbert published a book entitled *Some Ancient Christmas Carols*. A decade later, William Sandys published *Christmas Carols, Ancient and Modern*. The carols were practiced across Cornwall, with carollers meeting in school rooms and chapels throughout the county (sometimes walking for miles to be there). They sang carols both old and new, and slowly their enthusiasm spread throughout the county.

CHRISTMAS DAY SWIM Whilst many of us are sitting cosily in our front rooms opening presents and eating chocolates, many Cornish seaside communities will gather for a refreshing dip in the Atlantic Ocean! Hundreds of people will gather together and dive into the freezing waters of the sea, with only a swimming costume or fancy dress outfit, to protect them from the elements. No wetsuits allowed! Often it's for charity.



Jacobstow Book Club

‘Unruly’ by David Mitchell



This well known comedian takes us on an hilarious romp through the history of kings from King Arthur, who didn't really exist and was made up, right through to Shakespeare, who some people believe did not exist, or at least didn't write all those wonderful plays. Most of the kings described, plus a couple of queens, were pretty useless, paranoid and downright evil. The earlier ones spent shed loads of money going to fight in crusades and the later ones spent the same having wars with France and then Spain. The ordinary

peasants, when they weren't revolting, just died, from starvation, disease and being forced to fight in wars. We all enjoyed this and there were some real laugh our loud moments but there is some very bad language!

'Fahrenheit 451' by Ray Bradbury

This is the temperature at which book-paper catches fire and burns and Guy Montag, a 'fireman' in a futuristic dystopian society, has the job of destroying the most illegal commodity – books. If books are discovered they are burned, as well as the houses in which they were discovered. Everyone is forced to conform and not to challenge orders from above. Montag himself leads a very boring life but he never questions it nor the destruction he causes because he has been led to believe it is all for the good of society. Bradbury originally wrote the book in 1953 and we commented on how well he predicted a future, where, unfortunately, people would become addicted to screens and 'influencers' telling them what to think and do but none of us actually finished the book – good idea for a story but not really that well told.



No report from the Guiding Movement this issue but to join or for information see contact details on our back page.

There is a Christingle Service on 3 December at 6pm at Jacobstow Church

CHURCH AND CHAPEL SERVICES

December

3rd 6pm Guides, Brownie & Rainbows Christingle

15th 3pm Church Carol Service

25th 9.30am Eucharist

29th 10.30am Benefice Holy Communion

January

Sunday 12th Plough Sunday United Service at Warbstow Church



Jacobstow Church

Living Water Methodist Church , Canworthy Water

December

8th 10.30am Morning Worship and Holy Communion

15th 10.30am Morning Worship

22nd 10.30am Carol Service

January

5th 10.30am Morning Worship

12th United at Warbstow Church, Plough Sunday

19th 10.30am Covenant Service and Holy Communion

26th 10.30am Morning Worship



Coast Family Church

Sunday services on the **first, third and fifth** Sunday of the month at 10.00am Jacobstow Village Hall.

Come and join us

CHURCH AND CHAPEL NEWS & EVENTS



Jacobstow Parish Hall Forthcoming Events

Tuesday 3rd December: OAP Christmas lunch at 12pm for 12.30pm

This event is as usual free to all residents of Jacobstow over 67



Jacobstow Church Rector

The procedure is underway applying for a new Rector for the Boscastle Group of Churches which includes Jacobstow with Warbstow and Treneglos. In the meantime Services will continue for Services across the Benefice.

See the Notice at the Church and Church gate.

Contact numbers : 01840 230526 or 01840 250625

Church Draw Results

| | 1st | 2nd | 3rd |
|----------|------------|----------------|-------------|
| October | Mr T Smith | Mrs F Franklyn | Mrs W Smith |
| November | Mrs H Spry | Mr K Shelley | Mr K Fullor |

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Bude, Cornwall

Methodist Musings – It's Traditional!

We're fast approaching Christmas and the New Year when many of us will celebrate with family traditions either passed down through the generations, or perhaps more recently embraced. Perhaps you're visited by the elves during Advent, who get up to all sorts of mischief, much to the delight of younger members of the family, and often the frustration of those who are a little older as they unravel toilet paper, spill flour on the kitchen work top, climb the Christmas tree and so on.

Then there's the tradition of putting up the tree and decorations – do you do it weeks ahead of the big day, or just a few days before? Do you still send Christmas cards, or is that a tradition that has slipped now, preferring to send texts messages or putting a post on social media?

Then there'll be the special and treasured traditions that are unique to your family. One of ours is Christmas morning breakfast – quite a unique menu originating where we grew up in the mining villages of the East Midlands! We enjoy nothing more than tucking in to a plate of ham, ox tongue and pork pie first thing on Christmas morning, listening to carols playing and enjoying the atmosphere of the day.

Of course, for us, Christmas wouldn't be complete without our most important tradition of celebrating the birth of Jesus. Sadly, we've noticed that in the majority of retail outlets and garden centres now there is very little evidence of Jesus at all. One or two may have a nominal ornament depicting the nativity, but mostly we're offered snowmen, reindeer, Father Christmas, penguins, and other festive decorations. Now, these are all lovely, but it does seem that, in general, Jesus has been squeezed out of Christmas and has been replaced by these winter related items.

As Christians we believe that what we celebrate at Christmas is the wonderful act of God stepping into a broken and hurting world, bringing the message of his love and well being for all of creation, something that is needed and longed for just as much now as it was all those years ago. But Jesus isn't just a tradition that we repeat year on year, to give us a warm fuzzy feeling, but rather Jesus is, as one child told me "God with skin on", who came to show how great God's love is for each and every one of us.

So as we celebrate with our time honoured and well loved traditions, perhaps we can find a space for Jesus, take a moment to reflect on the wonderful love of God, that reaches out to each and every one of us now and as we move forward into 2025.

"I have come that they may have life, and have it to the full". John Chapter 10, verse 10

We wish you a greatly blessed and peace filled Christmas and New Year.

Julie Swann, Church & Community Worker

Camelford and Week St Mary Methodist Circuit



2nd Bude (Jacobstow) Scout Group

Christmas Carols and Draw Evening

Monday 2nd December at 6.30pm at the Scout Hut

Christmas Carols, Christmas Draw, Refreshments and Games

|Profits towards the Scout Hut/Scouting Groups

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Sunday Carvery 12-8pm with limited Sunday menu

Daily meals 12-9pm

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Booking is advisable Tel: 01840 230711

The Old Wainhouse Inn

Fish and Chip Lunch & Ukele Band

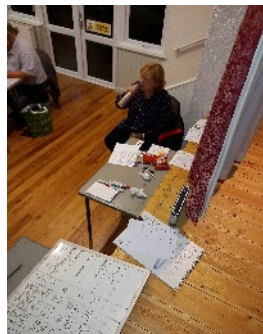


The Fish 'n Chip lunch with delicious desserts was well attended..

The All-at-C Ukulele Band with Cream Tea, a new innovation was well received. These two items were in aid of the church's much needed funds.

WINE and WISDOM

The quiz night held on 26th October was an enjoyable evening with 6 teams raising £181.66 profit for hall funds. The hall committee would like to thank Sarah for doing an amazing job of composing the questions and for being quiz master for the evening.



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BEN MAGUIRE -Extracts from his Facebook page.

I did a doorstep surgery in Bude at the end of October. Lots of residents raised the ongoing road works in town which haven't come at a good time, running through to Christmas. I will be contacting Cormac to see what mitigations they can put in place including no traffic lights at weekends. A severe lack of provision for Bude's young people was raised with me again as well as insufficient daycare services for people with disabilities. I will be working with my team to see how we can improve both of these. I was also pleased to meet a Bude Surf Veteran to learn about the mental health benefit surfing brings to so many veterans. I was also shocked to hear so many are still getting sick from the unacceptably high sewage levels. I will be taking this up with South West Water this week.



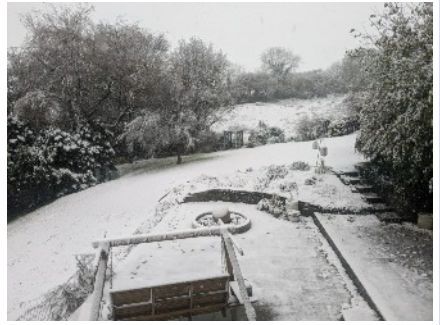
Following the Labour government's decision to cut inheritance tax relief for farms, I'm calling on the government to scrap the tax changes and reconsider. The government has previously said that 27% of farms will be affected by the changes which cut the levels of inheritance tax relief for farmers. This could truly ring the death knell for family farms here in North Cornwall. If 27% of farms in North Cornwall were to be hit by these changes, then 441 would be hit by the government's "tractor tax". They should instead take up our Liberal Democrat proposals to put forward an additional £1 billion a year in support for farmers. "For years, our local farmers have been forced to endure botched trade deals and cuts to their incomes due to the Conservative Party's shameful neglect of rural communities. The new government's tax hike will come as yet another hammer blow for farmers. The Chancellor should urgently reverse course, scrap the tractor tax and take up the Liberal Democrat proposals to give farmers an additional £1 billion a year in support."

WE SHALL REMEMBER THEM. Photos at The Crescent Post Office & Warbstow.





JACOBSTOW NOVEMBER SNOW



Jane Braunton A39-Wainhouse



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PUZZLE PAGE

Welcome to your "tea break" puzzle page. This edition's winner is Lily Smith. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the Christmas Quiz and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10th January 2025 Thank you to Wainhouse Stores for sponsoring this page.

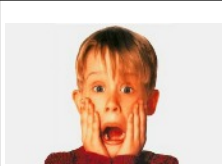
NAME THE CHRISTMAS FILMS



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Last edition's answers : Mr Men, Topsy Turvey, Perfect, Tickle, Tall, Worry, Strong, Bounce, Impossible, Greedy, Mischeif, Nosey, Happy, Silly, Grumpy and Lazy. Missing word was Cedar.



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Random Ramblings

I am sure, dear reader, that, like me, there have been those mornings when you have woken from your slumbers and known with absolute certainty that you've got a rubbish day ahead of you. I have to admit that in all the years that I've lived in Jacobstow, every single Friday has turned out that way. Perhaps it's been the same for you. However, I'm pleased to report that since the beginning of November, I haven't experienced a single rubbish Friday. That said, alternate Mondays now seem to be my rubbish days. On the bright side, I now have to put up with only one rubbish day a fortnight instead of every week. I know that there are times when we've all bin down in the dumps but we just have to be grateful for small mercies.

And, as a word of warning, if you ever find yourself in the unfortunate position of being hotly pursued by a pack of taxidermists, the worst possible strategy you can adopt is to play dead. They'll think that all of their Christmases have come at once. On that note may I wish you all a Merry Cornish Christmas or Nadelik Kernewek Lowen – unless, of course, you happen to be a taxidermist.



WHAT' S ON – DECEMBER

- 1st Launceston Town Band and Pop Choir 2.30 at Town Hall
- 2nd Scout Carols 6.30 Scout Hut
- 3rd Jacobstow Church, 6pm – Guides Christingle
- 5th Christmas in Cornwall. Play at Parkhouse. 18.30
- 6th Santa's Grotto, Procession and Late Night Shops 5.30 Bude
- 6th Last Soup and Sweet at Crackington Institute
- 7th The Strand Christmas Market 11–3
- 10th Warbstow School Christingle Warbstow Church
- 11th Gildhouse Christmas Music with Metric Brass 7.30
- 14th Carols at Poundstock Church 2.30
- 15th 3pm Carols Jacobstow Church
- 15th 6.30pm Carols–Marhamchurch Methodist Church
- 18th Glow in the Castle with Santa's Grotto 4.30–6.45
- 25th Christmas Day Swim at Crooklets 11am
- 29th Minstrels Carol Concert 7.30, Canworthy Water

September tends to be late summer down this far west rather than showing the first signs of autumn, although this one was on the cool side. There has been a tendency for northwesterly winds at times throughout the summer months pegging temperatures back somewhat. The first week was, however, quite warm, 25°C on the first and a notable high humidity late pm which was still 18.5°C here in the valley at midnight with winds around southeast along with hill mist. This didn't last though, several days had rain of sorts with an extensive thunderstorm to the north off Tenbury late pm on the 6th. It was nearly stationary for some hours but didn't affect the Duchy. Rather odd, there was no apparent reason for it and intense downpours were associated with the storm. This was the 12th thunderstorm detected within sensor range this year.

Further rain of sorts continued into the middle of the month, a wet day on the 8th, somewhat dryer from the 13th to the 20th. Another thunderstorm was observed in the morning off Penzance on the 21st, it persisted again without moving much and some surface water flooding was reported by late morning. Another wet day was had on the 22nd, this gave 0.49" collected by late afternoon although quite warm at 19°C. The wet theme continued to the end of the month, by which time I had collected 5.02" in the rain gauge, as against my 10 year average of 4.12"

October started off on the dry side until the 6th, when light rain commenced around mid-morning with continuous moderate rain by 10.30. A period of intense rainfall was then observed midday for a couple of hours easing off by mid-afternoon. 0.9" had been collected by 1600, notable for a fairly short period. We had another wet day on the 8th, with squally winds in the afternoon along with heavy showers giving 0.87" collected by the evening. Matters settled down by Thursday the 10th with just a few light showers and the sky clearing by evening. This was fortunate, as a bright Aurora was observed late night remaining visible locally until 23.30. There were a lot of reports of this in particular along our north coasts and inland in the north of our area.

Further wet days were had on the 14th and very much so on the 16th, with 1.22" by evening, the 16th was also quite warm during the day with 18°C by afternoon. The rest of the month was typical of October, some dry periods or light drizzly days, on the cool side as one would expect and on the 26th, another faint Aurora was observed to the N.N.E. We have had a number of these events this year with high solar activity now more or less at the peak of the current cycle.

Pressure started to rise by the end of the month, and a total of 5.02" of rain was collected here as against my 10 year average of 4.78". There's no real trend observed

HIGH TIDES & SUNSET Dec 2024 - Jan 2025 (NB - Times are based on Newquay +25mins)

| Date | 6 Dec | 13 Dec | 20 Dec | 27 Dec | 3 Jan | 10 Jan | 17 Jan | 24 Jan | 31 Jan |
|--------|-------|--------|--------|--------|-------|--------|--------|--------|--------|
| AM | 8.03 | 2.52 | 8.15 | 2.20 | 7.14 | 1.25 | 7.15 | 0.10 | 6.18 |
| PM | 20.29 | 15.17 | 20.40 | 14.42 | 19.35 | 14.00 | 19.34 | 12.44 | 18.40 |
| Sunset | 16.17 | 16.17 | 16.19 | 16.24 | 16.31 | 16.40 | 16.50 | 17.02 | 17.14 |

JACOBSTOW WALKING GROUP

We met on Thursday 26th September 10.30 at Canceleave. Our intention was to have our annual swim and picnic on the beach at Millook. However, it was difficult to find a date we could all get together and so it was later in the year than it probably should have been but you never know with Cornish weather! It turned out to be dry but



with an incredibly cold wind. I had packed swimming things but chickened out and used my rash vest as a much needed additional layer against the biting cold wind. The coast path down to Millook was not too muddy and there were ponies grazing on the cliffs. At Millook we stopped for a delicious picnic. We had all packed our own food but Sue shared delicious tomatoes from her garden and Mary



had made marvellous spicy hot drink for us to share.

Mary discovered sea coral on the beach and so we spent a little while searching for more. Sue came up trumps with this. It began to rain so we moved on but thankfully as soon as we set off, the rain stopped. We continued along the footpath that leads to the signpost for Canceleave where you head up through beautiful woodland emerging on to fields to end the circular trip.



**Future Walks: Contact Mary:
01840230656**





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BEAVERS cubs [SCOUTS]

Yet another busy term for the Scouting groups is well underway. Now the evenings are dark cold we have retreated into our wonderful warm Scout hut, a far cry from the past few years. Beavers are working towards their book reader, builder & personal badges. Cubs are working towards their communicator, home safety & physical recreation badges and Scouts are working towards their master of arms and team leader challenge award.

The Scouts will be decorating the hut in preparation for our Christmas fundraising evening on Mon 2nd Dec, 6.30pm at the Scout hut – ALL WELCOME. Carols, raffle, refreshments and games.

To end the term each group will celebrate with a Christmas party.

On 'Remembrance Sunday' Beavers, Cubs and Scouts dressed in full Scouting uniform paraded at St Genny's church.

During October, 7 Scouts took part in a winter camp, camping for 2 nights at Nine Ashes, Bodmin. All Scouts had a super if not cold weekend with various activities including a silent disco.

Fundraising continues, on Sun 8th Sept we held our annual tractor rally, with a variety of different aged tractors driving around the country side. A refreshment stop was had at East Helscott Farm, Marhamchurch before continuing on and finishing back at the Scout hut for a BBQ.

Sat 2nd Nov, Neil & Sue from Wainhouse Pub held a 'harvest festival auction' and profit was kindly donated to the Scouts. People had been so very generous in gifting items, a lovely fun evening.

Mon 4th Nov, we held our annual fireworks evening and for the 2nd year running we had perfect weather. Wonderful fireworks and refreshments, another successful evening.

As you can imagine our expenditure in the running of the hut with insurance, water, electric to name a few of the costs has increased dramatically so our fundraising events are vital and we thank everyone who supports us.

New members are always welcome -Beavers 6-8 years of age (Wed 5.30pm-6.30pm), Cubs 8-10 years of age (Mon 6.30pm-8pm) and Scouts 10-13 years of age (Tue 6.30pm-8pm).

For further details please contact Robert Medland -
robert.medland1988@gmail.com / 07842084971.



Nell and Emily at Winter Camp

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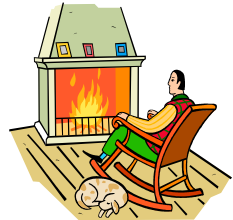


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WEEK ST MARY BONAVENTURES WI

In September, we welcomed David Thorn who shared some fascinating photographs from the archive of the Bude photography business run by his ancestors. Harry Thorn, born in 1838, was a pioneer in photography and set up a studio in Bude in the early 1860's, with his siblings Samuel and Sarah. The archive charts the changes in Bude over the late 19th and early 20th century and historical events in the town.

David shared images of the numerous shipwrecks in Bude, local landmarks such as the barrel rock and original storm tower with local people looking on in their "Sunday best".

The collection also included photos of the new lifeboat house and lifeboat, the railway coming to Bude, the opening of the sea pool and the Picture House where an advertising poster for a Charlie Chaplin movie was visible. For more local family history and images, look out for David's book "Thorns of Bude".

In October local man Terry Faull told us the true story of Poldark in his talk "Demelza's People – The Married Widows of Cornwall". In the 18th century Cornwall was one of the most industrialised areas in the country with over 2,000 tin mines in the county. Copper and tin were much sought after and Investors/Adventurers and Landowners became extremely wealthy.

However, the conditions for workers were atrocious and miners were not expected to live beyond 30 years. Family members including children, worked in or on top of the mines; they had to bring their own tools and pay for candles and gunpowder. Their wages were paid in Cornish Pennies which could only be used in the local shops owned by the mine owners. In the latter half of the 19th century, cheaper imports of tin and copper came from abroad. Eventually the local mining industry collapsed and the miners emigrated all across the globe. Hence the saying "At the bottom of every mine, you'll find a Cornishman". The "Married Widows" were the women left behind, expected to support themselves without help and with no rights, relying on the local Churches and Chapels to survive.

Anyone interested in finding out more about the WI can contact the Secretary, Roberta Jones on 07788 548875.



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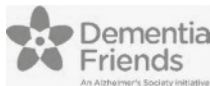


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DID YOU KNOW?

It is 80 years since Mrs E Brown, Myrtle Cottage enabled the people of Jacobstow to acquire the Old School for use as a Parish Hall?

If you would like to learn more about Jacobstow and environs and looking after our memorabilia, there is a meeting of the History Group on January 16 - 10am with lunch afterwards.

Contact Sue : 07989785518

The sign for The Bridge Inn, Canworthy Water is really clear. The Inn closed in 1917.

You will notice that the pink bungalow with a veranda is nothing more than a stone shed! The "Feed Store" is there. Its difficult to tell where the Bridge House Barn or the Church Rooms were.



Many thanks to Thelma Balsden

CANWORTHY WATER BONFIRE and FIREWORK DISPLAY

Fantastic evening - many thanks to the organisers and "front men"



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Focus on an advertiser in the Journal,

In this edition I would like to let you all know about the outstanding service I received from Tintagel Skip Hire.

If any of you know where I live, you will know how many skips there have been outside my house in recent times. What can I say, my husband likes a skip!.

Brilliant service, even when they are busy they always tried to get a lovely empty skip delivered as soon as possible. Totally recommend them. Advert is on page 10 of your Journal for full contact details. Sarah



Christmas Panic Trifle

Pure cooks will throw their hands up in horror at this recipe, but many a sticky situation has it rescued me from, especially at Christmas and unexpected guests.



You will need: a tin of black cherry pie filling, a packet of mini chocolate swiss rolls (I didn't say Cadbury's!) A large pot of ready made custard and 200ml whipping cream.

In the bowl you are going to serve it in, cut up the swiss rolls into small slices and line the bottom and sides of the bowl, about a third of the way up. Cover these with the cherry pie filling and spread the custard over the top of this. Whip up the cream and swirl it over the top, maybe grate a bit of chocolate over the top if you're feeling a bit flamboyant...done in 5 minutes...phew!

JACOBSTOW BELLS

You may have heard the Jacobstow Church Bells ring recently. Over 30 members of the Tamar Valley Guild, from many different local churches came. There were basic changes and peels and more advanced Method Ringing. There was some lovely ringing.

Thanks go to Brian Marshall for making sure the bells were in top nick.

If you are interested in ringing call:

Brian 07969838924 or Mary. 01840 230656



LAST CHRISTMAS POSTING DATES FOR UK MAIL

Wed 18 Dec 2nd Class & 2nd Class signed for

Thu 19 Dec Parcel Force Express 48

Fri 20 Dec 1st Class & 1st Class signed for
Tracked 48, Parcelforce Express
24 & Express AM

Sat 21 Dec Tracked 24

For full details, ask at the Post Office or see current leaflet



A Cornish Connection

The illustrations appearing on this year's Royal Mail Christmas stamps are by Judy Joel, a Cornish-based artist, who owns a gallery in Penzance. The stamps feature pictures of five UK cathedrals – Armagh, Bangor, Edinburgh, Liverpool and Westminster, all with a little festive snow. Judy usually specialises in commissions of weddings, houses, gardens etc and enjoys painting local Cornish scenes of places that are special to her.



Have you heard about the new Community Café that opened in Bude on Berries Avenue, a few months ago. It's a café that brings people together with great food and activities. It's bright and colourful both indoors and out, that opened in April and is already gaining a reputation for providing good home cooked food and refreshments at very reasonable prices.

It is run by professional staff and fully trained volunteers who help make it a cheerful comfortable space to sit and chat over a cup of proper coffee, have lunch, or come along to one of the support or information groups that meet there.

COMMUNITY HUB WEEKLY SESSIONS

| | |
|--|---|
|  |  |
| TUESDAY BERRIES BUDE VOLUNTEER BUREAU 10am - 2pm - Free - Drop in Find out about local volunteering opportunities | THURSDAY BERRIES BUDE STROKE SUPPORT 1st & 3rd Thursday 2.30 - 4.30pm Free - Drop in From 18/4 |
| TUESDAY BERRIES CRAFT & WELLBEING SESSIONS 2.30 - 4.30pm - Free - Drop in See Facebook for weekly updates | THURSDAY BERRIES CUPPA COMPANIONS 1st and 3rd Thursday 10 - 12noon Free - Drop in From 2/5 |
| WEDNESDAY NEETSIDE CORNWALL MIND PEER SUPPORT 2nd & 4th Wednesday 10am - 12noon 24/4, 8/5, 22/5 | THURSDAY NEETSIDE SILC COUNSELLING 9am - 1pm - Free # Booking** Until end May |
|  | SATURDAY BERRIES BUDE VOLUNTEER BUREAU REPAIR CAFE COMMUNITY LARDER 10.30am - 1pm - Free - Drop in At Berries from April 27th 2024 Last Saturday of the month |

Volunteer Cornwall

** To find out more please phone 01288 270900



At a recent Friday Evening, Berries hosted a Sausage Sizzle serving over 80 customers to a background of music by Fiddle Fit. The café was really buzzing. The Food Larder is there on Saturdays 1-2 pm, and there are some very exciting plans for the outside area. Watch this space.....

The Volunteers are a lively bunch, and if you would like to join them, either helping in the kitchen, serving food, making coffee or just chatting to the customers you would be very welcome, One volunteer comes all the way from Lifton. The Café is not just for Berries Residents, or people of Bude, its for everybody.! The surrounding villages and Parishes as well.

Come into Bude to do your shopping and pop into the café and see for yourself and be part of a wider community.

Advertising in the Jacobstow Journal

- * Do you run a local business ?
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- * Don't know how to design a wizzy interesting advert?

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Our charges are £30 a year for 6 Bi-Monthly editions, that's only £2.50 per month.

Our skilled and experienced volunteers are here to help you design your **fully coloured advert**. Contact us at jacobstowjournal@gmail.com, or ring me, Sarah Smith on 01840 230565 to discuss further.

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KIDS' PAGE - HAPPY CHRISTMAS!

Use this picture to play "Stick the nose on the reindeer." You can copy it on to a big piece of paper or card or try playing a mini version here. Use sticky tape on the back of each nose plus the name of the person playing. Each person must be blindfolded when it is their turn to stick the nose on the right place on the reindeer.



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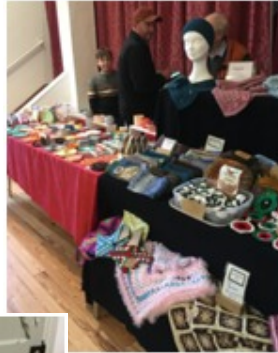
Rjh-trees@hotmail.com

01566 788970/07935315010

THANK YOU TO ALL THE WONDERFUL YOUNG ARTISTS FROM JACOBSTOW SCHOOL FOR YOUR BEAUTIFUL CHRISTMAS CARD DESIGNS. The final 3 chosen are by Winnie, (front cover) Skye (left) and George (right) Congratulations.



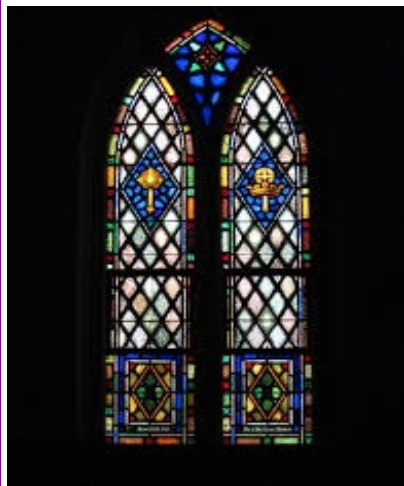
JACOBSTOW CRAFT FAIR 16th NOVEMBER



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Winter in the Garden

Some of our plants continued to grow and flower throughout November which was relatively warm and sunny but as the weather cools, we'll be protecting plants, keeping some under cover for the winter months. If it's not too wet, continue to dig over vacant ground, adding organic and green manures to ensure the soil is ready by early Spring. Leave the surface rough to allow any frost to break down clods of earth.

Rhubarb can be covered with forcing pots or a large bucket with a heavy stone on top and new rhubarb crowns can be planted. Keep checking on stored fruits and vegetables to make sure they aren't deteriorating - or being nibbled by mice! Compost bins can be mixed and turned and covered with old carpet to keep the heat in. The winter is a great time to clean up pots and seed trays ready for next year and also for planning your plot and rotation of crops.

Continue to harvest winter vegetables and in late January early sowings of broad beans, lettuce, summer cabbage, and spinach can be made under cover ready for planting out later. January is the traditional time for sowing onions to obtain large bulbs. Keep the seedlings warm and in a bright spot, ready to plant out in March.

Keep thinking "Green" over Christmas

At this time of year, we're bombarded with adverts and encouraged to spend on food, drink and gifts. Whilst doing your festive shopping, do think of the impact all this has on the planet. The local Recycling Centres and Charity Shops are already overflowing with unwanted gifts and waste packaging. In particular, unrecyclable items and plastics cost our local authorities - and us - dearly in sorting and transporting them. This impacts our lives, many of us live in cluttered homes and spending time sorting it all out - time we could be spending doing the things we enjoy, seeing friends and family and being outside in nature.

The festive season is, of course, to be enjoyed!

Making small reductions in our purchasing of single use plastics makes a huge difference. Companies and individuals are finding new and innovative ways to re-use and recycle so keep an eye out for schemes and make a New Year's Resolution to do more to reduce your Carbon footprint in 2024!

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

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EVENTS - In Parish Hall unless otherwise stated

Arts & Crafts Club Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details.

Monday Cubs 6.30-8.00 Scout Hut

Brownies 6-7.30

Jive Club Parkhouse Centre, Bude

Tuesday Scouts 6.30-8.00 Scout Hut

Rainbows 5.45-7.00

Guides 7.00-8.45

Wed'day Beavers 5.30-6.30 Scout Hut

Sunday Coast Family Church 10.30

Last Monday monthly, 7.30 - Old Cornwall at Parkhouse Centre

1st Tuesday monthly, Parish Council meeting 7.30

2nd Tuesday monthly, 7.30 WI Marhamchurch

3rd Tuesday monthly 7.30 Juliotter Garden Club, Marshgate

1st Wed'day Camelford Garden Club 2-4pm monthly Camelfd Library

2nd Thursday monthly 7.15pm WI Week St Mary

LOCAL BUSES

Please Note If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

95/95B and 94 These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

Transport for Cornwall - 08081962632 - www.transportforcornwall.co.uk

220 - Launceston, Tues;

371 - Launceston, Mon/Thurs;

372 - Holsworthy, Wed;

373 - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

Travel Cornwall - 01726 861108- www.transportforcornwall.co.uk

Local Authority

Cornwall County Council 03001 234100
Bude "One Stop Shop" and Library also) 03001 234111
Library Renewal Hotline)
North Cornwall MP Ben Maguire
Nicky Chopak (County Councillor)
Police Force Enquiry Centre 07810302061
Crimestoppers (Anonymous) 101
Floodline 0800 555111
Power Cut-Western Power Distribution 0845 9881188
Sita Recycling Centre, Tiscott Wood 08006783105
Dog Warden (Environmental Health) 01288 355131
Cats Protection, Holsworthy 03001234212
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Treliske, Truro 01872 250000
Barnstaple 01271 322577
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Launceston Hospital 01566 761001
Launceston Minor Injuries 01566 761030
Stratton Hospital 01288 320100
Stratton Minor Injuries 01288 320101

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Medical Centre, Stratton 01288 352133
Drs Nash & Uglow, Camelford 01840 213894

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Rebel Cinema 01288 36'442
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Child Line 0800 1111
Women's Refuge 01872 225629

USEFUL CONTACT NUMBERS

Jacobstow Organisations

Jacobstow Infants School 01840 230337
Jacobstow Church, Mr Brian Marshall 01840 230526
Art Group, Jeane Gimblett 07706927197
Happy Crafters, Eden Chapel - Alison 01566 781418
Parish Hall Bookings, J Gimblett 07706927197
Beavers, Josie Shepherd 01840 230330
Cub Groups, Mrs D Dowling 01288 352786
Scouts, Robert Medland 07842084971
Guides and Rainbows Mrs M Andrew 01840 230006
Brownies - Jane Bailey 07816394966
Wainhouse Post Office and Stores 01840 230554
Jacobstow Walks, Mary 01840 230656
Jubilee Club Diana - 01840261366 or Tina 01840 230182
Julietter Garden Club, Pat Thorne 01840 261237