

Jacobstow Journal

Providing news and information for the Parish of Jacobstow

www.jacobstovvillage.co.uk



Issue: 78
Aug/Sept 2023



Cover designed by Celia Proudfoot

Delivery free to every household in the Parish - otherwise 50p

Editorial by Sarah

One thing I have inherited from my Dad, which seems to carry a heavy weight of responsibility is his peach tree. For starters we had a new greenhouse put in the garden and my poor landscape gardeners had to drag the tree sideways by about 2 feet to fit it into the new greenhouse. They told me they had a few sleepless nights about the worry of whether it would survive. Then I had to nurse it along, watering, mulching and generally willing it to flourish. I know by now that you are also all invested in the outcome of the “Great Peach Tree Move” and I’m happy to report that it has not only survived but also has produced an amazing crop of peaches.

This has caused me to become a totally manic about my peaches. I give them to people and then insist that they eat one in front of me. The reason for this is that I still can’t believe people’s expressions when they bite into a peach that is ripe and ready to go. It tastes completely different from anything that you would buy in a supermarket. Some of the comments I have heard are, “It tastes like peaches used to taste,” and “It’s so ripe and juicy!” This brings me to the conclusion that maybe we should go back to eating fruit and vegetables when they are in season. I know modern transport means that we can eat strawberries all year round, but are they really worth eating when they taste of nothing? Also, let’s eat English produce, support local if possible or maybe take a leap and have a go at growing it yourself. Then you can stand over people and make them eat it there and then so that you can witness the conversion.

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

Sarah Smith

Almar, Jacobstow, EX23 0BN

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Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the October/November edition will be 10th September Please note this does not guarantee that the item will be published due to possible limitations on space. Contributions received will be included at the Editorial Team’s discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021



HAVE YOUR SAY

PLANNING APPLICATION PA23/04306

Land North of Canworthy Water

Development comprising the delivery of a ground mounted solar farm alongside associated infrastructure.

Some of you may realise that a planning application has been put forward by Windel Solar 4 Ltd. This application seems to have gone under the radar from the start with many local residents not being informed by Windel Solar who apparently did hold a public consultation at Tresmeer Hall on 4th May 2022 where 43 people attended. Everyone within a 3km radius of the site should have a leaflet from them. Have you? Contact Cornwall Council Planning and quote the above number. As a parish where everyone has a democratic right to voice their opinion, the right to make a comment has been extended for a limited time, don't lose it, as a resident of Jacobstow.

Make your voice count....

Jacobstow Parish Council

Chairman: Mrs Charmaine Smith

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr Norman Osborne Mr John Shepherd Mr Andy Vogel
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the agenda should be submitted to the parish clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstovillage.co.uk

Minutes of Ordinary Meeting held on 6th June, 2023

- 1 The Vice-Chairman, Cllr. P Chapman chaired the Ordinary meeting with Cllrs. S Smith, A Vogel, J Shepherd, County Cllr. Nicky Chopak, The Clerk Mrs. D.A. Turner and one member of the public attending.
- 2 Apologies – Apologies received from Cllrs. C Smith and I Franklyn.
- 3 Declarations - There were no declarations in respect of this Agenda.
- 4 Minutes – The minutes of the previous meeting had been Emailed to all Councillors. These were agreed signed as necessary.
- 5 The Clerk reported that the balance at the bank should have read £15,133.96 in the Current A/C and £2802.97 in the Solar A/C and not as stated at the May meeting. The balance at the bank this month is £14,916.52 in the Current A/C and £2666.80 in the Solar A/C
- 6 Email addresses - Email addresses for Councillors was again discussed.
- 7 Cornwall Council – Cornwall Council had approved Planning Application Nos. PA23/00773 - Treventon, Jacobstow and PA23/01388 – Beckaveans, Jacobstow
- 8 Forest for Cornwall – Forest for Cornwall are giving a free tree to every Parish. Clerk to ask the Church if they would like a tree to plant.
- 9 Accounts to pay – SLCC Annual Membership - £80.00 Proposed we pay Cllr. S Smith Seconded Cllr A Vogel Clerk's Salary £550.00 + Expenses £139.08 – Total £689.08
- 10 Planning Application PA23/03688 – Change of use of rural building to dwelling House, together with associated works, Redundant building, Higher Blagdon Farm, Jacobstow – Councillors support this application.
- 11 CIL Payment received – This was discussed as the payment is made for any village project needed during the next year or two.
- 12 Clo-Opting a Councillor – This was discussed and agreed it should be advertised In the next Jacobstow Journal.

Jacobstow Parish Council

Minutes of Ordinary meeting held on 4th July, 2023

- 1 Cllr. Charmaine Smith chaired the monthly meeting with Cllrs. P Chapman, A Vogel, S Smith, I Franklyn, J Shepherd, The Clerk, Mrs D.A. Turner and five members of the public attending. The Chairperson welcomed Mr. Norman Osborne who had been co-opted onto the Council.
- 2 Apologies - Apologies received from County Cllr. Nicky Chopak.
- 3 Declarations in respect of this Agenda – No declarations
- 4 Minutes – these were agreed and signed as necessary.
- 5 Balance at Bank – £14,147.44 in the Current A/C and £2666.80 in the Solar A/C.
- 6 Chestnut Appeal - This to be discussed next month.
- 7 Stile and Broken Boards on Footpath - The materials can be obtained from Cornwall Council and the estimate for the work to fit them is £150.00 for the gate and £80 for the broken boards. Clerk to contact Cllr. Chopak to see if she has arranged anything. Discuss again next month.
- 8 Ballynet – An Invoice was received from Ballynet domain registration for £22.00. It was decided this was too expensive and we should renew with Bude Solutions for about £4.00.
- 9 Planning Induction Refresher Training – This will be held on Teams on the 11th July, 2023.
- 10 a Correspondence – Email received from Mr. Steve Connelly asking if the Village speed limit could be reduced to 20mph Clerk to contact Oliver Jones regarding this. Also contact Cllr Nicky Chopak.
10b Email received from Tom O’Sullivan. Mr O’Sullivan attended the meeting and explained that he was not recording a previous meeting he attended. He said that he came to the March meeting to hear the Headmistress speak about Jacobstow School.
- 11 Planning Application No PA23/04793 – To convert redundant barn to a dwelling following Class Q permitted development – The Cow Shed, Jacobstow. As there was very little difference to the previous application and there was only a five day period to reply Councillors agreed by telephone to support this Application.
- 12 Planning Application PA23/09326 – Highway Farm, Jacobstow. There was only a five day period for this so again this was discussed on the telephone. Clerk replied “Following your Email and our conversation this morning I have contacted Councillors and they have said they agree with your decision to approve this. However, they would like to insist that the new access track is put in place before any work or deliveries of any kind commence. Also that the old entrance is completely blocked off in a permanent way as this is such a fast road and this entrance is very dangerous and not safe to use.”
- 13 Conflict of interest with BDO LLP – This is what the new Auditors and Parish Council are required to sign each year to say they have no conflict of interest with BDO LLP. This has to be minuted.
- 14 Councillor Matters
Planning Application PA23/04306 – Development comprising the delivery of a ground mounted solar farm alongside associated infrastructure including distribution substation upgrades with the capacity to deliver approx.42MW of renewable energy. – Land North of Canworthy House, Canworthy Water. Clerk to find out why Jacobstow PC has been dropped off the Consultee list. Also we need a speed restriction put in place from Wainhouse Corner to the site. Clerk to contact Cllr. Chopak on this. A meeting is being held by Warbstow Parish Council on this matter on the 11th July, 2023. Either Cllr. C Smith or Cllr. P Chapman will attend.

www.devonandcornwall-pcc.gov.uk

This is your link to the Police Commissioner's Report



Jacobstow Neighbourhood Watch



Criminals use a technique called “spoofing” to make it look like you are being contacted by a trusted organisation. These scam texts can often appear genuine message threads making them difficult to spot.

STOP - CHALLENGE - PROTECT

KEEP YOUR EYES OPEN FOR EXTRAS

Drip-pricing - offer with cheap starting price then adding extras.

Micro-charging - businesses charge small amounts for goods or items which used to be free.

Ancillary charges - traditional term for any additional charge associated with purchase.

Airlines, ticket companies and car finance are all notoriously prone to it.

SCOTT MANN - Extracts from his Facebook page.

Scott Mann MP has welcomed the award of £1,262,905 to farmers and foresters in the constituency as part of DEFRA’s Farming Equipment and Technology Fund. This will help growers in #NorthCornwall to: Boost farm productivity, reduce waste, cut input costs, increase environmental sustainability and improve slurry management.



A share of £7.6m from the Government’s UK Shared Prosperity Fund is available for projects in Cornwall that aim to give a boost to local communities by supporting regeneration, resilience, or well being. Cornwall Council is managing the delivery of the Shared Prosperity Fund on behalf of Cornwall and the Isles of Scilly. The grants, which will be between £5,000 and £200,000, aim to support projects that tackle priorities for funding identified by local communities across Cornwall and the Isles of Scilly Applications are welcomed from community organisations, CICs, CIOs, charities, businesses and town or parish councils. Projects could include: Refurbishing,, re-purposing, renovating and creating new buildings on high streets and within neighbourhood to increase economic activity and pride in place. New or improvements to existing community and neighbourhood infrastructure. Projects that deliver improved public spaces and economic regeneration. Engagement schemes to support community involvement in decision making in local regeneration. Capital investment (equipment / infrastructure), as well as revenue investment (salaries / contracting) Projects that make places more accessible and/or more resilient to natural hazards.

LEARNING HOW TO TAKE FROM PEOPLE



Taking from people is a skill you can learn. Like most people, I have always tried to help others in whatever small way I could. Taking from people was impossible for me, however. I learnt the importance of accepting help when our house ended up underwater in the 2004 floods. Our house was soaked with foul water, windows broke and the doors were left hanging off their hinges. Children's toys stuck out of the mud both inside and outside the house, cars filled with water and floated up the side of muddy banks. We lost almost everything we owned.

The next day, the local minister turned up and tried to give me £50 in cash 'for the children'. I couldn't take it. I had no previous experience in taking money off people and refused point blank. He could see I was resolute. He then told me something I will never forget. He said: 'The time will come when you must give back. Now is NOT that time. Now is the time to take. Take all the help you can get, from whoever gives it sincerely.' I took the money.

We also gratefully accepted any help we could from the wonderful neighbours of our Parish (and beyond). They know who they are. We will never forget their kindness. Since then, I have tried so hard to pay back this (and other) debts. I devote much of my life to caring for people and animals. I'm rubbish at it, but I'm trying. It is so rewarding - it's true what they say.

The debt will never be paid off - but that is how it should be.

Please accept help when you need it - people are so kind and want to help. If you can subsequently give back, then do. Learning to take from people is a skill.

The Jacobstow Historical Society are meeting on

18th September at 2.30

in the Parish Hall, with **Coffee and CAKE**

discussing and showing Memories and Memorabilia.

What do you know about your Parish - come and tell us

If you are interested please contact Jeanne on 230113 for more details.

CHURCH AND CHAPEL SERVICES

Services at Jacobstow continue on the third Sunday of each month 10.30 Holy Communion.

Services at Warbstow 1st Sunday Morning Prayer & 4th Sunday Holy Communion both 10.30

These arrangements may change - please check notice board.

For other services across the Benefice contact 01840 230526.



Jacobstow Church



LIVING CHURCH

Sunday Morning worship at 10.30 each week.

Toddler Group 11.00 - 1.00 each week during term time £1.50 per child/session

Bethel Methodist Warbstow

10th, 24th Sep 8th, 22nd Oct. Morning worship 10.30



Coast Family Church

Sunday services on the **first, third and fifth** Sunday of the month at 10.00am Jacobstow Village Hall

Come and join us

All are welcome

Non-denominational

CHURCH AND CHAPEL NEWS & EVENTS

Jacobstow Church Events

Sunday 30th July 7.30 - in the church. Concert with Tresmeer Sidwell Hand Bell Ringers followed by refreshments. All welcome donations for church funds.

Sunday 27th August 10.30am Benefice service on the lawn leading down to the harbour at Boscastle followed by refreshments including a BBQ and various stalls from all the churches raising funds for their own churches during the afternoon.

Thursday 21st September Fish and Chip lunch 12.00 for 12.30 Jacobstow Parish Hall, £10 plus raffle.

To book contact Pat Lane 01840 230740

Closing date for bookings: Monday 18th September.
Proceeds to Jacobstow Church



Church Lottery Results

	1st	2nd	3rd
July	Mrs P Lane	Mrs M Cowling	Mrs A Connells
August	Mr M Spray	Mrs M Reason	Mrs R Braund
September	Mrs J Smith	Mrs J Trossel	Mrs M Trotman

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Bude, Cornwall

What's on - Events in and Around our Village

AUGUST

Every Sunday to the end of September, visit the Barge Workshop Museum at Helebridge end of Bude Canal 2-5pm

- 3 Poughill Revel and Cuckoo Fair
- 4-11 Sidmouth Folk Festival
- 6 Cornwall and Devon Countryman Show, Werrington
- 9 The Last Baguette: Pandora's Box at Ebbingford Manor 6.30 suitable for age 6+
- 9 Camelford Show
- 10 Okehampton Show
- 13 Cream Tea, 2.30 Poundstock Gildhouse
Bude Food Festival, Bude Castle Heritage Centre 10-6
- 14 Marhamchurch Revel
- 16 Calf to Cow: The Jabberwocky & Other Nonsense, Crackington Institute 5pm suitable for age 8+ years
- 17 Illyria: Pride and Prejudice at Ebbingford Manor 6.30
Plymouth Fireworks competition
- 19 Bude Carnival
- 21 440 Theatre: MacBeth & Romeo and Juliet at the Castle Lawn
- 24 Circus Fantasia
Holsworthy Show
- 25-28 Lifeboat Weekend
- 27 Living History Tudor re-enactment at Poundstock Gildhouse 10-4
- 29 - 1 Bude Jazz Festival

SEPTEMBER

- 10 Bude Pirate Run
- 13 Talk on Herbal Medicines at Poundstock Gildhouse 7.30 -9.30
- 15-17 Bude at War weekend
- 26 Grow and dry flowers Talk by Rowena Pearce, Otterham Hall



JUBILEE CLUB

Monday 14 August

Buckland Abbey/Yelverton

For more information call -
Diana Halls - 01840 261366 or
Tina Martin - 01840 230182

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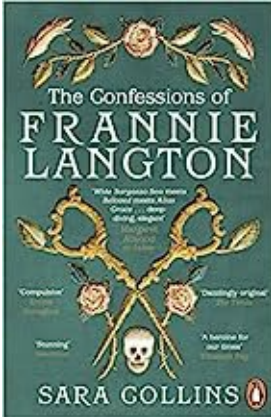
Tel: 01840 230330

Mobile: 07855001284



Jacobstow Book Club

The Confessions of Frannie Langton by Sara Collins.

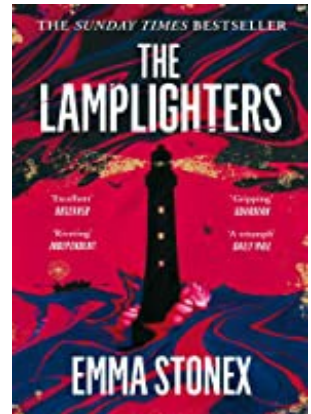


The book begins in the early 19th century, with Frannie being tried at the Old Bailey for the murder of her master and mistress, Mr and Mrs Benham. Whilst in prison, awaiting the verdict, Frannie writes her confessions and her remarkable life is revealed. Born and educated on a plantation in Jamaica, she was the daughter of a house slave. When

a young woman, she was taken by her father, the plantation owner, to London and given to the Benhams as a servant. It is a tale of hardship, abuse, love and sadness but only a few members of the group really liked it.

The Lamplighters by Emma Stonex.

In 1972 three lighthouse keepers on the Maiden Rock, just off the south coast of Cornwall, eagerly await the arrival of the relief boat. It has been delayed because of the dangerous stormy weather and, when the crew eventually land, they find the main door locked on the inside and no sign of the three men. Twenty years later a well known writer decides he can solve the mystery by interviewing the three wives left behind by the tragedy and, in doing so, discovers other well-kept family secrets. This was a real page turner, enjoyed by all.



Mobile Library - Enquiries phone 0800 0322345 or 01872 272702

The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11.15ish - Coffee and Chat.

The Wainhouse Inn has a good Library of books supplied from Truro which are changed regularly. Enter by backdoor to avoid drinkers!!

Note that **Bude Library** will be closed on Tuesday and Friday

2nd Jacobstow Scout Group

By the time you are reading this report we will have completed our summer term and preparation will be underway for the autumn term. It has certainly been a busy, fun term taking full advantage of the light, warmer evenings. The Beavers have vegetables growing well in containers at the hut. The Cubs have been growing fruit and veg at home and bringing in the results of their hard work to show everyone. On Sat 17th June, Cubs spent the day at Nine Ashes taking part in a 'Cub District Fun Day.'

This involved many activities including an assault course and craft activities.



Beavers lined up ready for the sponsored bike ride



Scouts after the sponsored bike ride, all a little muddy

The weekend of 23rd/24th June, nine Cubs took part in the 'Cub Challenge' at Nine Ashes. This involved the Cubs walking around the Bodmin/Wadebridge areas for 12 miles on the Saturday. The evening was spent with campfire songs and bingo before camping for the night. A further 7 miles was walked on the

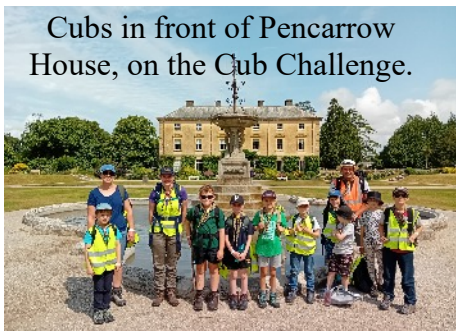
Sunday, completing the course in around 9 hours. Delighted to say that despite the baking temperature, all 9 Cubs passed the finish line.

All 3 groups have recently taken part in a sponsored bike ride; the Cubs combined miles totalled 102, the Scouts slightly more at 129 miles and the Beavers completed 71 laps of a slightly shorter route. Money raised from this event will go towards the new Scout hut.

We are continuing to make progress on the Scout hut, one more day of work & we will have finished plaster boarding. Skimming has started in the kitchen area and our professional team will be with us in the next few weeks to tackle the main hall. Once this is done, we will have the task of painting.

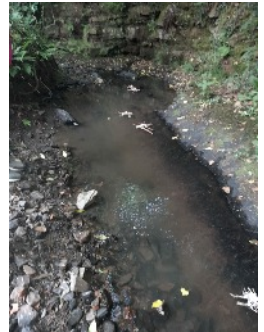
Sunday 3rd September is our planned date for our annual 'Tractor Rally.' More details will come out in due course.

Cubs in front of Pencarrow House, on the Cub Challenge.





All three units have been busy having fun over the summer months. Visiting the beach, walking to the river where miniature rafts were floated or Pooh sticks were played. Fun was had in hammocks and practising putting up tents in a shed (due to poor weather) by the guides ready for their camp in August.



The guides also had great fun getting wet during a day of water sports at the county day at Roadford Lake with girls from all over Cornwall.

If there are any girls aged 4 -14 who would like to join us, all three units have spaces so please do get in touch on numbers below.



For more information : Guides and Rainbows - Mary Andrew 01840 230006
Brownies - Louise Cowling 07817985661
Email - jacobstowbrownies@outlook.com



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PUZZLE PAGE



Welcome to your “tea break” puzzle page. This edition’s winner is Marion McDonald. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10th September 2023. Thank you to Wainhouse Stores for sponsoring this page.

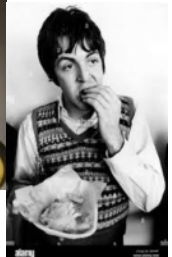
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P	N	V	E	P	M	E	R	R	O
U	L	E	E	O	L	D	W	O	I
T	A	N	K	R	A	L	A	T	T
A	N	E	A	U	S	O	R	S	A
T	D	D	E	E	E	I	D	I	S
I	G	E	R	M	A	N	D	H	N
O	X	W	B	P	L	A	Y	E	E
N	A	S	P	A	R	A	G	U	S

WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

- | | |
|-----------|------------|
| ASPARAGUS | BREAK |
| EUROPE | FINLAND |
| FORWARD | FOUR |
| GERMAN | HISTORIC |
| KEEP | OLDEST |
| OVEN | PERFECT |
| PLAY | REPUTATION |
| RIVERSIDE | SALMON |
| SEA | SENSATIONS |
| SWEDEN | |



Can you name the famous diners?



Last edition’s answers - missing word: Towels. Cars: General Lee, A Team Van, Bat Mobile, Wacky Racers , Herbie, Kitt/Knight Rider, Chitty Chitty Bang Bang.

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HAUNTED CORNWALL -The Wellington Hotel, Boscastle

Historic, alluring, welcoming, and reputedly one of the most haunted hotels in England. The grade 2 listed Wellington Hotel (known locally as The Welly!) dates back to the 16th century. It is classed as one of the oldest surviving coaching inns in Cornwall, with the River Jordan flowing underneath the building. Originally known as the Bos Castle Hotel, its name was then changed to The Wellington in 1852 after the 1st Duke of Wellington's death. The Wellington Hotel is located in Boscastle, a village that is both breath-taking and magical, as well as being home to the awe-inspiring Museum of Witchcraft and Magic. Over the last 500 years The Wellington has experienced murder, suicide and sadness, but also many famous people have stayed there. These include novelist and poet Thomas Hardy, Guy Gibson who was involved in the Dambusters Raid in 1943, Edward VII and Sir Henry Irving, a famous actor in the Victorian era. The Wellington Hotel is nationally famous for its ghost sightings. There are thought to be at least 4 haunted rooms, with Room 9 being the eeriest room of all. Many returning guests refuse to stay in Room 9 after spending the night there previously, and some spooked guests have even left feedback on places such as TripAdvisor about their eerie stay. We have personally stayed in 2 of the 4 'known' haunted rooms, with one being next to room 9, but disappointingly saw nothing. Guests and staff alike have seen many a ghostly apparition they simply cannot explain. From a coachman with a ponytail in Victorian clothing, to an old lady who is always seen on the second floor and on occasions has been seen going through the door of Room 9. Then there is the ghost of a young girl who has been seen running up and down the corridor near the cellar. On the same corridor as the young girl, there is also talk of a dark presence. Some people believe Thomas Hardy could even be one of the many resident ghosts. Twenty years ago a paranormal investigation was undertaken by the TV show 'Most Haunted.'



Information taken from "Scary Southwest" Facebook page.



WEATHERWISE by Monitor

May of late has been somewhat better behaved in recent years. We seem to have gone away from cold winds and snow at least at the moment. Generally reasonably warm, even the usual sea fog intrusions were a rare event, only the 6th produced any inland here in the valley. The 6th also gave quite a wet start, nearly 1/2" of rain was collected by early morning and it became warm and humid with 19°C recorded. The sea fog incursion was late evening.

Another wet day was observed on the 8th giving 0.61" and light rain and drizzle of sorts persisted into the following day. Apart from some light showers, high pressure took control by the 11th, and matters remained dry from the 12th to the end of the month. Some days were warm, 21°C was typical late in the month. No real wind problems of note.

A total of 2.13" of rain was collected against my 10 year average of 2.56", fairly typical of what we have had in the past 10 years or so, with the exceptions being 2020 at 0.8", and 2021 which was a very wet May at 7.26".

June was dry following on from May, no rain was recorded until the 10th and then only 0.16" here, although a thunderstorm appeared from nowhere around Callington on the 13th but of brief duration. Very light showers were noted on the 16th and 17th, with both these days hot and humid at 27°C on the 16th by early afternoon.

The 20th saw a thunderstorm to the south over the moors with very dark stratus at times here. Some torrential downpours were reported locally but we managed to miss most of these here although still quite wet, 0.67" was collected by late afternoon.

Matters generally remained dry to the end of the month, the 30th was damp and drizzly with light rain throughout the day giving 0.5" collected by late evening.

The total collected was 1.51", against my 10 year average of 3.04". June rainfalls can be very variable, 2018 only saw 0.37" collected here, and 2020 5.81".

There's no real trend I have observed in these figures over the past 10 years, however with June it took a couple of wet days to keep the averages up.

Date	4 Aug	11 Aug	18 Aug	25 Aug	1 Sept	8 Sept	15 Sept	22 Sept	29 Sept
AM	7.50	1.35	7.12	11.36	6.45	****	6.15	10.01	5.40
PM	20.12	14.17	19.24	****	19.05	12.10	18.27	22.29	17.59
Sunset	20.58	20.46	20.33	20.18	20.03	19.48	19.33	19.17	19.01

HIGH TIDES and SUNSET Aug-Sept

NB - Heights are based on Newquay for Bude +25

JACOBSTOW WILDLIFE



First rescued from an excited cat, this frog then jumped away - just in time - as the mower moved past - two lucky escapes!



We have also discovered a nest of bees in our Cornish hedge which we believe to be Buff Bottomed Bees. Constantly coming and going, they're tricky to photograph well. - Jill Baker



Some wildlife pictures emailed to jacobstowjournal@gmail.com from Lexi Smith
Thank you Lexi !

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DOWSING by Mike Clay

I have been a dowser since the tender age of nine years when my uncles's hill shepherd in the Shropshire hills taught me how to use a hazel twig plucked from the hedgerow. There is a particular way to hold it. The 2 arms of the



twig lie against the inside of the fingers with the thumb pressing against them. There are many arguments as to why the twig works as it does - something to do with the relationship between the bio-magnetic force in the human nervous system and the environmental stress created with anything moving underground which disturbs the earth's magnetic field. Moving water, moving air, or anything metallic that reacts with the earth's magnetism creates the necessary force that through the fingers reacts with the living tissue of the twig. Or so I've been told! The native Australians used to be able to find water through a feeling in their finger tips. I can still use a hazel rod but I have found greater success with metal rods bent in an L shape and made from a cut down wire coat hanger. Held horizontally in a loosely clenched fist they will swing either towards each other or away from each other, but the most sensitive tool is a pendulum. Ten years ago I learned from a surgeon that using a pendulum helped to find out what people were allergic to. He found one ward in his hospital had a very low recovery rate. He tested it out and discovered the ward was an electricity sub station so he moved the patients to another ward and the recovery rate increased significantly. The secret of dowsing is to blank the mind from everything except the question, "Is there?...Is the person allergic to wheat germ etc?" I have worked with various members of the public including a natural history group. We made pendulums over the floor of a large hall. Whenever anyone got a reading, we marked the spot. Eventually our markings became a grid. The caretaker spotted the pattern and told us it was the layout of pipes supplying the central heating system.

Have a go. Make a pendulum with just a weight and string. Hang it over a drain or manhole and see if it swings clockwise (positive) or anticlockwise (negative) Or search for metal underground in the same way. Good luck!

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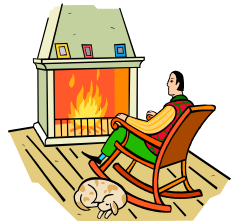


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At our June meeting we welcomed Paul Rendell who's passion for the moors started at a young age. A Dartmoor Guide with more than 21 years' experience, he is also a walker, photographer, author and speaker. Focussing on Bodmin Moor for his talk, he described the much wilder moorland of history, it's industrial past, archaeology and the wildlife of this rugged landscape. His talk was illustrated by his stunning photography, and he spoke passionately about the importance of conserving moorland areas.

On 1st July we held a Craft Day and had fun making cake stands for our forthcoming Birthday Tea and decorated felt hearts to show our commitment to the WI's Green Charter. Another Craft Day is planned for the autumn.



Taking her inspiration from the local area, Netty Wilson from the "Budeful" shop, was our guest at the July meeting. When setting up her shop, she was fully committed to ensuring the business and the products it sells were as ethical and sustainable as possible. Since then the shop's colourful range of gifts, designed by Netty, has expanded and this year she has launched her Cornish Recycled Silver Jewellery Collection. She explained the process from design to hand crafting the pieces, all of which are hallmarked and she showed us examples from the collection.



Looking ahead:

On 10th August, members and past members will be celebrating Jacobstow WI's 85th year with a guest speaker followed by a traditional Afternoon Tea.

Sep 14th Talk from The Electric Bakery, Bude.

If our activities interest you and you'd like to meet new friends, why not come along to the September meeting? Tel: Jill 01840239829



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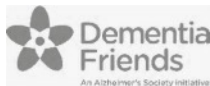


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JACOBSTOW AMBLERS - 6th July Celia Proudfoot

Just three of us managed this walk: Sue, Mary and I. For a variety of reasons, several people couldn't come due to babysitting commitments, last minute injuries and summer things going on. We met in Poundstock at Sue's house and started at the crossroads at the turning to Week Orchard. We walked a short way along this very quiet road, turning right at Penfound Farm, and past Penfound Manor almost immediately on to the public footpath. The back of the farm is made from red brick brought down from Lancashire where one of the owners lived. The start of the footpath was quite overgrown but ok. A few yards walk along a stream bed



(you could step over to dry ground) though you would have to have wellies I suspect in the Autumn onwards. Then up along the edge of beautiful fields with magnificent views heading in the direction of Newmills. This is good walking country if you have a dog as there was only livestock (sheep) in the middle part of the walk and then only for a very short time where we obviously put Buster on a lead. We passed a barn with lots of bird-

houses and bumped into a very large walking group from Launceston. I must say although I would like more people to join Jacobstow Amblers (**do contact Mary 01840 230656**) you would like our smaller numbers. The footpath brought us out to the side road by the Rebel Cinema. Then we finished up with a cup of tea and biscuits at Sue's. We had perfect weather, dry with a gentle breeze.



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JACOBSTOW SCHOOL



We had such a lovely day on Thursday at school at our Cornish hub day for Nursery, Reception, Year 1 and Year 2. It was wonderful to welcome around 80 other children to join our little Stars and Mercury classes and share our amazing outdoor area and resources. All of the children enjoyed meeting new friends and trying new activities. A huge thank you to our fabulous staff and the ever enthusiastic and calm Sophie Adey for preparing for the day and ensuring that it was a success. We are so lucky and grateful to have the insight, commitment and support that Sophie brings - having benefited from working with her for the last four years.



However the ultimate thanks has to go to our children whose behaviour and manners once again was exemplary. I am so proud of the children: it is a pleasure to be their headteacher. (Taken from the school's Facebook page.)





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IT'S NOT EASY BEING GREEN!

We all do our best to reduce, re-use and recycle, avoiding food waste and fast fashion, saving water and energy but it's not always easy.

Did you know?

Many more types (though not all) of the plastic film used to wrap potatoes, vegetables and fruit are now labelled as "recyclable at larger stores". Most supermarkets have a special bin for this although you may have to look for it!

Several shops and supermarkets sell shopping bags made from recycled materials and clothing such as fleeces can also be made from plastic bottles. Whilst this appears to be a good idea, these things wear out and are likely to end up in Landfill sites since they don't decompose any more in their new form than when they were plastic bottles! It's also well known that artificial fibres make a significant contribution to water pollution when washed. If eaten or absorbed by sea and river creatures, these microfibres can then enter the human food chain. Although there are washing machines that filter out these microfibres, the campaign for all machines to be fitted with them will take time to have any significant impact.



KING CHARLES MEETS LOCAL RESIDENTS' SON.

King Charles is shown here shaking hands with Lawrence Harmer, son of local residents Mary and Mick Carter. Solve, a business founded and directed by Lawrence, launched the Nansledan Web site and the King was there to congratulate the business. It is completely powered by renewable energy, which is important because the Internet creates more CO₂ than the aviation industry. The Web site showcases the vibrant lifestyle, business and the sustainable community of Lansledan. As we know, King Charles has been a great supporter of environmental causes for many years.



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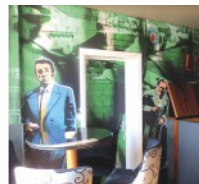
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KIDS' PAGE -

Let's work with The West Country Rivers Trust.

In Cornwall there are still water shortages. What can we do?

You could try thinking of 5 ways you can save water. Call it:

MY WATER PLEDGE:

- 1.
- 2.
- 3.
- 4
- 5



Tear this page out and stick it on your fridge with your own pledge. Get your family to help.

Write a poem about a local river or stream. Try an acrostic poem like the one here, or just do your own thing about the sounds, animals and plants you see.



Tidal up to Gunnislake

Alive with boats as it reaches
the sea

Moves along the Cornish border

Almost a kilometer long

Rest a while on its banks.

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The WI is friendly, inclusive and open to women of all ages, backgrounds and interests. If you're interested in making new friends, learning new skills, trying something new, making your voice heard on a subject that is important to you, boosting your self-confidence and becoming a part of a national movement with the power to change things for the better, why not join with the nearly 3,000 like-minded WI members of Cornwall WI? For more information, call Jill on 01840 239829 or email: jacobstowwi@btinternet.com

We know that attending monthly meetings isn't possible for everyone and so Cornwall WI Federation is proud to offer membership of a new Virtual WI called "**Cybercats VWI**".

This is the same as a face-to-face WI, except that all meetings, sub-groups, gatherings, etc. take place online – mostly via Zoom. Members pay the same subscription as any other WI member, and enjoy the same benefits and opportunities, all accessed online. If you are interested in joining the Cybercats WI, please send an email to: cybercatswi@gmail.com for more details.



The Cybercats VWI is one of around a dozen virtual WIs across the UK.

WI Supporter Options There is a further national initiative to help the WI to engage with a wider audience, and ultimately, to inspire more women. Two WI Supporter options are also available for those that support the WI ethos and want to know more about our campaigns but are not able to commit to full membership. If this interests you, visit www.cornwallwi.org.uk or contact Jill as above.

THE PHANTOM KNITTER STRIKES AGAIN!

This marvellous person/knitting group has produced another colourful piece to keep the letter box on the hill coming into Canworthy Water from Launceston nice and cosy and colourful. Goldilocks & the 3 Bears we think.



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VICTORIAN ICE CREAM RECIPE - try this for fun or with children or grandchildren.

- **Avoid using too much sugar or your ice cream won't set. Use 1 pint (600ml) of cream for ice cream or water for sorbet. 140g (5oz) of your favourite jam and the juice of one small lemon.**
- **Freeze your mixture fast and keep it moving. A metal or plastic bowl filled with crushed ice with plenty of salt will work as a freezing mixture. It will drop to between -18C and -22C - far lower than the average freezer.**
- Put your ice cream mixture in a metal lidded container or a coupe of sturdy plastic bags. Seal the bags well - you don't want salt getting in.
- Bury your caddy or bags in the ice and leave for 5 minutes. Then give the bag a good massage or the caddy a good scrape and stir. Repeat for about 30 minutes until the mixture achieves a normal ice cream texture.
- **The Victorians would have put the frozen mixture into decorative moulds and kept them in an ice box until it was time to serve. They would garnish with candied peel. You can just store yours in the freezer or eat with a sauce of your**



Jacobstow Village Hall is newly refurbished and ready to go. Each session morning, afternoon or evening costs £ 17. excluding energy costs.

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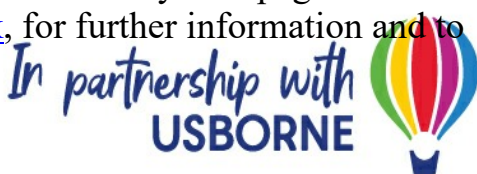
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CAT NIGHTS - AUGUST 17th

Is it just a spooky tale or should that be tail?

And now for some ancient folklore - there is a very old, quite obscure, Irish folktale that involves cats and witches and why it is thought that "Cats have 9 lives." Cat Nights, which is August 17th, is when cats seem to yowl more - it is said that this yowling is the witch lamenting her fate. There has even been a children's book written, based on this folktale called 'Cat Nights' by Jane Manning. We often think that Druid, our black rescue cat, can see and sense things that we cannot and that he has lived here before – maybe he has.



REGULAR EVENTS - In Parish Hall unless otherwise stated

- Monday Cubs 6.30-8.00 Scout Hut
 Brownies 4.30-5.30 - Canworthy Sunday School
- Tuesday Scouts 6.30-8.00 Scout Hut
 Rainbows 5.45-7.00
 Guides 7.00-8.30
- Wednes Beavers 5.30-6.30 Scout Hut
- Sunday Coast Family Church 10.30
- 1st Tuesday monthly Parish Council meeting 7.30
Arts & Crafts Club Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details
- 2nd Thursday monthly WI 7.30
- 4th Tuesday monthly Juliotter Gardening Club, Otterham Hall, 7.30

LOCAL BUSES **Please Note** If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

95/95B and 94 These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

Transport for Cornwall - 08081962632 - www.transportforcornwall.co.uk

220 - Launceston, Tues; **371** - Launceston, Mon/Thurs;

372 - Holsworthy, Wed; **373** - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

Travel Cornwall - 01726 861108- www.transportforcornwall.co.uk

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Nicky Chopak (County Councillor)
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Cub Groups, Mrs D Dowling
Scouts, Robert Medland
Guides and Rainbows Mrs M Andrew
Brownies Louise Cowling
Wainhouse Post Office and Stores
Jacobstow Walks, Mary
Jubilee Club Diana - 01840261366 or Tina
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