

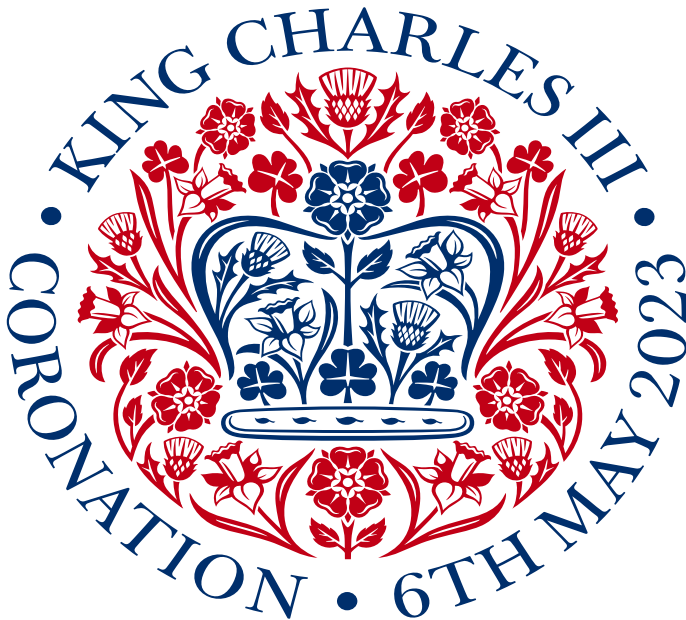
# Jacobstow Journal



Providing news and information for the Parish of Jacobstow

[www.jacobstovvillage.co.uk](http://www.jacobstovvillage.co.uk)

Issue: 76  
April/May 2023



Delivery free to every household in the Parish - otherwise 50p

## Editorial by Sarah

I'm sure you've all seen it, couldn't have missed it; Sainsbury's have put more self service tills in, there are only two manned, probably womanned to be honest, (are you allowed to say that nowadays,) tills left in there now. So, that's the two main supermarkets in Bude training us all up to be check out assistants. Sometimes self service really works. If I'm in a real rush and I've only got a loaf of bread and a bottle of gin, don't ask, then the self service is definitely my friend. If, on the other hand I've got the whole weekly shop, I would literally need my bumps read to try and get that lot through.

You approach the till, it asks if you've brought your own bags, you say yes, it says put them on the scales and press ok. Like a good little shopper you do this, but you make one massive fatal error, you put your one bag down with all the other bags still neatly folded inside. Apart from sticking a screw driver into a plug socket ( please don't say you've tried this,) this is the worst mistake you are ever, ever going to make. As soon as you start scanning and trying to pack your bag the till goes into a spiral of "unidentified item in bagging area." My advice - walk out and spend the rest of the week foraging in the hedgerows!

Happy shopping Sarah

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### Enquiries, Articles and Letters

*email to:*

**jacobstowjournal@gmail.com**

*or in writing to the Editor.*

Sarah Smith

Almar, Jacobstow, EX23 0BN

### Editorial Team

Sarah Smith	Editor	01840-230565
Sue Burrows	Tec.Support	07989 785518
Celia Proudfoot	Articles	01566-781473
Jill Baker	Articles	01840 239829

#### Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the June/July 2023 edition will be 10<sup>th</sup> May 2023. Please note this does not guarantee that the item will be published due to possible limitations on space.

Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

## Jacobstow Parish Council

**Chairman:** Mrs Charmaine Smith

**Parish Clerk:** Mrs D. Turner 01566-781269

**Members:** Mr Norman Osborne Mr John Shepherd Mr Andy Vogel  
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the minutes.

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*Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website [www.jacobstovillage.co.uk](http://www.jacobstovillage.co.uk)*

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### **Summary of Minutes of Meeting held on 7<sup>th</sup> February 2023**

Cllr. Charmaine Smith chaired the monthly meeting with five councillors and the clerk attending.

**Footpaths** – Replacement steps leading to the Holy Well, Clerk to ask Mrs Carter where the steps are on Footpath No 6.

**Accounts to pay:-** Jacobstow Parish Hall £192.00 (Hire of Hall) ICO (Data Protection) £40.00 Duchy Defibrillators £228.00(Annual fee).

**Annual Donations** – It was discussed and agreed to give the following donations this year:-

Jacobstow Church Graveyard Fund £150.00. Eden Graveyard Fund £150.00 and Cornwall Air Ambulance £200

**Correspondence -** A letter was received from a local resident saying that she is extremely concerned about the speed cars travel through the village. She is asking if the road from Edgar Road can be made 30mph

**Tamar Toll Action Group** – Correspondence received from The Tamar Toll Action Group. They wish to abolish all tolls on the Tamar Bridge. Clerk to Email to say Councillors support their campaign.

**Councillor matters** – Clerk to contact Oliver Jones regarding the bad pot holes from Edgar Road, Wainhouse Corner down to the school.

**Speakers** – Suggested speakers for next months Parish Meeting – Mrs Mikaela Rofo,(School) Mrs Jill Baker (WI) and County Cllr. Nicky Chopak.

## **Summary of Meeting held on 7<sup>th</sup> March, 2023**

*Cllr. Charmaine Smith chaired the monthly meeting with six councillors, County Cllr. Nicky Chopak, three members of the public and three speakers for the Parish meeting attending.*

**Parish Meeting** - *The meeting began with the minutes of the previous Parish Meeting being read. The Speakers were Mrs Mikaela Rofe, (Jacobstow School), Mrs Jill Baker, (WI) and County Cllr. Nicky Chopak. All gave very interesting talks.*

**Planning Application PA23/00773** – *New Farm Building, Treventon, Jacobstow – Councillors support this application.*

**Planning Application PA23/08409** – *Land East of Little Beckaveans, Jacobstow.*

*Councillors are grateful that the applicant has changed the plan. However they are still concerned about the access to the property with the narrowness of the road.*

**Salt Bins** – *The residents of Cory Close are saying that when there are icy conditions it is very slippery there. Clerk to find out the cost of a salt bin.*

**Footpaths** – *Mrs Mary Carter reported that another step is required on the footpath at Witchy Pool Lane. Clerk to ask for an estimate for the cost of this.*

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### **SCOTT MANN. Facebook extracts**

**Most people will receive Government support for their energy bills automatically. However, many households haven't been able to receive Energy Bills Support Scheme payments automatically. This could include people who live in:**



**A residential park home, are off the mains electricity or gas grid, are part of a heat network without an electricity meter and much else besides. Those who have missed out on the £400 support can now apply by clicking on the link below and completing the form: <https://www.gov.uk/apply-energy-bill-support>- If you cannot apply online or need help doing so, use the below contact details for assistance: Email:[alternativefunding@ebss.beis.gov.uk](mailto:alternativefunding@ebss.beis.gov.uk) Telephone: 0808 175 3287 Monday to Friday, 8am to 6pm .**

**I had a great visit to St Eval Candle Company. They've really expanded since my last visit and opened an entire new facility on their site. I was really impressed, not only at their evolution as a business, but also as a key local employer, offering apprenticeship schemes. This is exactly the type of success story we want to see in North Cornwall.**



**Nicky Chopak, your County Councillor contact details -  
mobile no: 07810 302061**

**Email: [nickychopak@gmail.com](mailto:nickychopak@gmail.com).**

**Mail: The Post House, Tresmeer, Launceston, PL15 8QU**

# Jacobstow Neighbourhood Watch



In March Devon & Cornwall Police has been supporting the National Police Chiefs' Council campaign, 'Is Your Vision Roadworthy?', which highlights motorists' legal obligation to make sure their vision is sufficient when behind the wheel. Over a five-year period between 2013 and 2017, the DVLA received 857,896 health notifications relating to changes in eyesight. Chief Inspector Ben Asprey, of the Devon & Cornwall roads policing unit, said: "We're supporting the 'Is Your Vision Roadworthy' campaign which aims to reduce collisions on our roads." The majority of the information needed by drivers on the roads is visual, so it's really important that motorists have regular eye tests as vision can decline gradually over time. Eye experts recommend all motorists have their eyes tested every two years, unless advised otherwise by their optician. We're urging everyone to make sure they have regular eyesight tests, and to check that friends and older relatives are getting tested regularly too. Drivers who fail to meet the required standards are not only breaking the law, they're putting themselves and other road users at risk." Under legislation known as 'Cassie's Law', drivers who fail a roadside number plate test could have their licence revoked on the spot if a police officer deems them to be unsafe to be on the road.



**Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there**

**[www.devonandcornwall-pcc.gov.uk](http://www.devonandcornwall-pcc.gov.uk)**

**This is your link to the Police Commissioner's Report**

**MENTION US PLEASE!** If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

# Volunteers Needed




-  Are you over 16 years, kind and compassionate?
-  Can you support activities such as arts & crafts or gardening?
-  Are you ready to make a difference and make someone smile?
-  No previous skills or experience required



**CareNow**  
Supporting Keweenaw's Community

<https://carenowvolunteers.org>

Care Now are Looking for Volunteers to Help in Cornish Care Homes.

We would like to help improve the residents' days and help Carers with their time; so if that's by Befrienders going in to chat with residents for a few hours or someone with some gardening experience to help improve the gardens then we need them! Currently, I'm looking for volunteers in Bude to help with serving breakfast and washing up afterwards. Every care home we approach needs at least 2 - 3 volunteers.

We will organise their CRB checks and this will give some great experience for people who need to learn more skills, improve their confidence and to get an up to date reference. Register your interest at our website:

<https://carenowvolunteers.org>

Jules Moody

Volunteer Services Coordinator

## PIRATES OF THE CURRY BEAN. Celia Proudfoot



Performed by The Craven Players at Crackington Institute, I went to see the matinee on the 18<sup>th</sup> February with my neighbour. It was great fun and I was impressed by the

number of children taking part. They all seemed to be really enjoying themselves. Well done to all the performers and backstage crew and to Cathy Turner the director and Carol Cook who assisted with the song and dance. Photo by Jerry and Bev from The Craven Players Facebook page.

# Help the Hedgehogs

By Sarah Smith



Around this time of year, hedgehogs are waking from hibernation and are desperately hungry. Before you feed hedgehogs, do your research so you can avoid foods that can make them ill. Most “hedgehog food” available for purchase is expensive, unregulated, and full of ingredients such as cereal and mealworms, which can cause agonising and terminal metabolic bone disease. Never feed

hedgehogs cows’ milk! Most hedgehogs are dangerously lactose intolerant, so a saucer of milk is likely to make them ill.

Hedgehogs are nocturnal, so if you see one out in the day, he or she is probably ill or injured, and it’s vital that you take the animal to a reputable local rescue. Occasionally, female hedgehogs may be out foraging for their young in daylight, but this only happens during the very short nights of June and July, and they will be moving purposefully.

Please make sure there’s a gap in any garden fencing so that hedgehogs can get through – they roam over a large area every night, so this is important. Remember that a “tidy” garden is unwelcoming to hedgehogs, so leave piles of old logs and leaves while keeping as much of your garden wild..

Avoid using slug pellets, as these may be harmful to hedgehogs. Contrary to popular belief, hedgehogs only eat slugs when they are starving, and doing so can give them lungworm. Their natural diet consists of caterpillars, beetles, and small insects, but sadly, the mania for pristine gardens, impregnable fencing, and Astroturf mean these they are in short supply – hence why hedgehog rescues have to cope with so many starving hedgehogs these days. This is why we need to keep some messy areas in our gardens.



And as these lovely posters put up by villagers say, please slow down so that you have more time to react if you see a hedgehog pottering along the lanes.

\*Parts of this article have been taken from the PetaUK website

# CHURCH AND CHAPEL SERVICES

Services continue on the third Sunday of each month 10.30am. Holy Communion with Warbstow services on the 1<sup>st</sup> and 4<sup>th</sup> Sunday

For extra Easter Week services see notices down at the church or contact 01840 230526



Jacobstow Church



## LIVING CHURCH

Canworthy Water

Full details of services on next page



## Coast Family Church

Sunday services on the **first, third and fifth** Sunday of the month at 10.00am Jacobstow Village Hall

Come and join us  
All are welcome  
Non-denominational



# CHURCH AND CHAPEL NEWS & EVENTS

## St Piran's Day Pasty Lunch

The Pasty Lunch was very well attended with delicious pasties from Cornish Maid (my personal favourite!) With lots of scrumptious desserts to follow, not forgetting lashings of cream!

The proceeds of an excellent raffle, went towards the running of our Jacobstow Church of St James.



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## Living Water Church - Canworthy Water

2nd April (Palm Sunday)	11.00am	with Warbstow Church at Warbstow Community Centre – Family Service
9th April (Easter Day)	6.30am	Sunrise Service at Warbstow Bury followed by breakfast at Bethel Methodist Church
	10.30am	Easter Morning Worship led by Mr Peter Parsons
16th April	10.30am	Morning Worship led by Mrs Julie Swann
23rd April	10.30am	Morning Worship led by Mrs Jean Heywood
30th April	10.30am	Morning Worship
7th May	10.30am	Morning Worship and Holy Communion led by Rev Steve Swann
14th May	10.30am	Morning Worship led by Mr Peter Daniel
21st May	10.30am	Morning Worship led by Mr Brian Parkman
28th May	10.30am	Morning Worship – Pentecost Service

Toddler Group at Living Water which meets on Mondays during term time from 11.00am – 1.00pm [julieswann15@rocketmail.com](mailto:julieswann15@rocketmail.com) and my contact numbers are:

01840 779339 / mobile 07825 819584.

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## Church Lottery Results

	1st	2nd	3rd
January	Mr J Lewis	Ms A Moutrie	Mr D Adey
February	Mrs D Rudd	Mrs M Parnell	Mr & Mrs Pearce Thomas
March	Mr J Cobbledick	Mrs C Smith	Mrs B Forsythe

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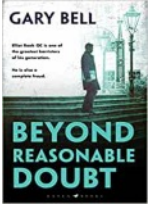
**07813 545 774**

**[info@brightjoinery.co.uk](mailto:info@brightjoinery.co.uk)**

**[www.brightjoinery.co.uk](http://www.brightjoinery.co.uk)**

**Bude, Cornwall**

# Jacobstow Book Club



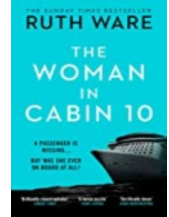
Books we have enjoyed lately:

'Beyond Reasonable Doubt' by Gary Bell

If you enjoy a tense, gritty courtroom drama, with a bit of a twist, this will keep you guessing right to the end. We found the two main characters very believable and became involved in their rather emotional and perilous journey to solve the case.

'The Woman in Cabin 10' by Ruth Ware

A murder mystery set on a small, exclusive cruise ship. No not Agatha Christie! Despite the main character being rather self-obsessed, sleep-deprived, mostly drunk and very whiny, you had to admire her for pursuing her belief that one of the guests, formerly in the cabin next to hers, has gone missing, even if she is putting herself in danger.



## **STAMP PRICE RISE 3 APRIL 2023**

Royal Mail has announced that stamp prices will increase from Monday 3rd April. The cost of stamps will rise as follows:

Standard letters	Second class: 75p	(previously 68p)
	First class: £1.10	(previously 95p)
Large letters	Second class: £1.15	(previously £1.05)
	First class: £1.60	(previously £1.45)



## **NON-BARCODED STAMPS**

The deadline for using non-barcoded stamps has been extended and they can now be used until **31 July 2023** (or swapped for barcoded stamps).

## **CHANGES TO LOCAL POSTAL COLLECTION TIMES**

Local collection times have recently changed to:

Wainhouse Post Office	Mon-Fri	3.30 pm	Sat	11 am
Edgar Road	Mon-Fri	9 am	Sat	7 am
Opposite St James Church	Mon-Fri	9 am	Sat	7 am



## **RACE NITE at WAINHOUSE INN**

Friday nite is "Pie Nite" but last Friday it was also "Race Nite" in aid of Jaydons Hero Arm. It was a grand evening with final amount collected, over £1500.



*Sorting the final figures*

## Wainhouse Country Store

### Post Office

Banking services including  
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Fruit and vegetables, fresh flowers  
Newspapers and Magazines



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**National and Healthcare lottery now available**

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## SPRING GARDENING



Spring is here! Daffodils and crocus are welcoming the longer Spring days and tulips are beginning to show. Compost comes into its own at this time of year and when the weather is dry enough, fork it into the soil, removing any weeds. Green manure can be sown into empty areas to improve soil fertility, in preparation for courgettes, sweetcorn and tomatoes that won't be planted out until later.



April and May are busy months for vegetable growers. As soon as the first shoots of early potato crops show, start earthing up to protect them from any late frosts. Indoor-raised seedlings need hardening off before planting outside and be prepared to cover young plants outside if cold weather is forecast overnight. Continue sowing leeks, summer cauliflower and cabbage indoors or in an outdoor seedbed ready for transplanting later on. When conditions are good, begin succession planting of salad leaves, peas, beetroot etc to maintain a good supply. Prepare supports for french beans, runner beans and peas. May is a good time to start greenhouse crops - peppers, tomatoes etc and outside, plant out your courgettes, sweetcorn and squashes.

### **Happy Gardening!**

## BEING GREENFINGERED AND GREEN

As Gardeners, it's important that we play our part to Reduce, Reuse and Recycle and to keep our carbon footprints as low as possible. The use of peat products is diminishing in the shops and garden centres but we can help by checking what we're buying, especially online and from general stores. It remains difficult to avoid plastic pots, labels and compost bags but gardeners are usually pretty good at re-using these. If you do end up with too many, consider donating them to school or charity projects or offering them on Recycling websites.



The hosepipe ban remains in place in Cornwall so collect as much rainwater as possible now to sustain our garden needs later in the year. However large your water reserve, it soon disappears during hot, dry weather when our plants need it. For larger plants and shrubs, try cutting off the end of a plastic bottle, partially burying it neck down near the plant and watering into the bottle. This reduces evaporation and the moisture is delivered directly to the plant's roots.

**If you have a top recycling or water saving tip, do let us know!**

## HAPPY EASTER.

On Easter, Christians celebrate the victory of life over death with the resurrection of Jesus and thus the central event of their religion. In Christian doctrine, the derivation of Easter seems to come from the East. This is because the women who were the first to stand at Jesus' empty tomb were looking east towards the sunrise.

According to some sources, the Easter bunny first arrived in America in the 1700s with German immigrants who settled in Pennsylvania and transported their tradition of an egg-laying hare called "Osterhase" or "Oschter Haws." Their children made nests in which this creature could lay its coloured eggs.

Good Friday is called Good Friday because whilst it is sad, it is also good because it reflects on the day that Jesus sacrificed his own life so that everyone could be forgiven their sins and start anew.



Both Good Friday and Easter Sunday are what some Christians call a "movable feast". This means that they happen on a different day each year. It is always celebrated sometime between 21st March and 25th April, but when exactly depends on the cycle of the moon. This is because Easter is always celebrated on the first Sunday after the full moon that falls on or just after the 21st March, which is considered the start of Spring. Spring is important as it represents the flourishing of new life after the harsh cold of the winter.



## 2<sup>nd</sup> Jacobstow Scout Group

Scouts meet Tuesday 6.30 - 8pm contact Robert 07842084971

Cubs meet Monday 6.30 - 8pm contact Daphne 01288 352786

Beavers meet Wednesday 5.30-6.30 contact Josie 07855001284

Beavers, Cubs & Scouts have all been busy over the last few months and now with the evenings drawing out this is allowing for more activities outside. On the 18<sup>th</sup>/19<sup>th</sup> March Robert Medland took 7 Scouts to Bodmin to participate in the North Cornwall District 'Camel Run'. This saw the Scouts walk 12 miles during the evening/night and complete 9 challenges on the route. At the end of April the Scouts will have the opportunity to participate in the annual 'Coast 2 Coast,' a 30 mile plus walk over the weekend. During June the Cubs will have the opportunity to participate in the 'Cub Challenge' again with a walk over a weekend.

Back in Nov 22 some of our brave members came along and planted a sack of daffodil bulbs on an extremely wet and windy day. The daffodils are now starting to flower and look lovely.

The Scout Hut is coming along; after many months the hut is fully insulated, a long and tedious job which finally has come to an end. Our next job is putting up the plaster board which we have made a good start on. The main ceiling has been completed along with the kitchen and we have started on the walls in the main hall. Great to see the progress being made by our determined team.



Thank you, Jill.

Just a little reminder that we have a bingo night on 22nd April to raise funds in the new scout hut, all welcome



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Claire Neate, *DIP FHP* 07968 232 344



# PUZZLE PAGE

Welcome to your "tea break" puzzle page. This edition's winner is Jamie Wren. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10<sup>th</sup> May 2023. Thank you to Wainhouse Stores for sponsoring this page.

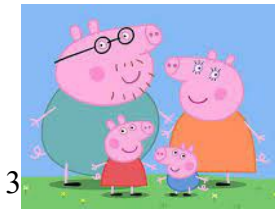
L	H	E	F	I	L	D	L	I	W
A	A	E	W	O	R	M	S	Y	E
D	W	K	K	W	A	H	L	Y	U
Y	K	A	B	U	G	F	X	K	L
B	M	N	P	L	R	A	T	S	B
I	O	S	R	E	D	I	P	S	Y
R	T	O	T	X	O	F	S	N	L
D	H	T	B	I	R	D	S	A	L
Z	U	W	R	E	N	A	O	I	O
B	E	E	T	L	E	Y	M	L	H

**WORDSEARCH** - one of the words listed below does NOT appear in the grid - which one?

- |           |           |
|-----------|-----------|
| BEE TLE   | BIRDS     |
| BUG       | BUTTERFLY |
| DAY       | FOX       |
| HAWK      | HAWKMOTH  |
| HOLLYBLUE | LADYBIRD  |
| MOSS      | RABBIT S  |
| RATS      | SNAKE     |
| SNAIL     | SPIDERS   |
| WILDLIFE  | WORMS     |
| WREN      |           |



Can you name the children's TV programmes?



Last edition's answers: - Missing word: Shallot. Logos: 1. Bp 2. New York Yankees 3. Heinz 4. Microsoft 5. Helly Hansen 6. Nokia 7. Monster 8. Ghostbusters 9. Morrisons 10. Alton Towers 11. TGI Fridays 12. American Airlines 13. Halifax 14. BBC Three 15. Avengers

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By the time you read this we will be into early spring. January started off with very mild conditions, 13°C being typical of the first week, with 13.9°C reached here in the valley at Canworthy Water on the 5th. With a winter noted as being without any named storms, but hardly a dry start, 0.61" of rain being collected on the 3rd. Another wet day on the 7th, the brisk southwesterly winds picked up in the afternoon and continued into the 8th, when squalls and small hail on veering winds with a thunderstorm was noted locally in the early evening.

The 11th was not a day to be outside for long. Rain showers and squally winds from early, a persistent thunderstorm was observed offshore to the west of our north coast around 0940, it intensified and tracked inland later in the morning with a separate cell Holsworthy by mid-morning. Some torrential downpours were noted up to midday, with 23 lightning strikes recorded here but nothing really local as such.

Wet conditions continued into mid week, the period 14th through to the evening of the 16th collected 2.12" of rain although most of the latter day's rain was overnight. Needless to say The Ottery wasn't going to put up with this, and some local road and field flooding were observed locally here.

Matters cooled down considerably by late on the 19th, with much colder conditions the following day and light showers of snow pellets were recorded early along with a frost and icing from overnight. Frosts were observed with calmer weather as the pressure rose in the last week of the month, although day maximum temperatures were reasonable being 8-9°C typically.

Rainfall collected was average for January, being 5.92" as against my 10 year average of 5.53"

February didn't fill dykes this year. A dominant area of high pressure became established early in the month and by the 5th, the barometer had risen to 1048mb, something we haven't seen in Cornwall for quite a while. Matters stayed like it with virtually no rain of note into mid-month, only some coastal drizzle some days. Very few frosts except on the 8th, and by the 19th the high had warmed somewhat with height and 14.3°C was noted on the 17th. A slight change of short duration was observed on the 22nd, with a brief heavy rain shower and for unknown reasons an offshore thunderstorm was recorded off the peninsular late pm which was odd.

On the 26th, a strong solar storm along with geomagnetic disturbance produced a bright Aurora visible locally which is an un-common sight this far south. This was only the second one I personally have observed in 20 or so years.

A very dry month, just 1.05" of rain was collected here, as against my 10 year average of 4.47". We do get them from time to time, both 2012 and 2018 were similar.

## Reporting Pot Holes

A quick search on Cornwall Council's website for Potholes takes you straight to the appropriate page. You then just follow the instructions below. I reported the mahoosive pot hole up by the Jubilee Bench on Edgar Road and found it very straight forward. People power counts here: the more people that report these tyre mashing booby traps the quicker they will, hopefully, be repaired. Below is copied from the Council website

### *Making a report*

*Search for the location of the problem using a postcode or first line of the address This will drop a pin onto the map. Click on the map to make sure the pin is in the right location on a road, highway, or pavement*

*Then click on the pin to see the form options.*

*Please note the pin must be on a road or a highway to show the options and make a report*

*If you have any issues please call 0300 1234 222*



## New Exhibit at The Castle

The new Gurney Room at The Castle will soon be open to everyone. As you walk into the new Gurney Room you immediately feel a Victorian atmosphere. The room has models which example Sir Goldsworthy Gurney's inventions with hands on models. You



can use the phone which used to be in a Gurney Light in Trafalgar Square and along Westminster Bridge. A further model shows the Lighthouse frequencies along the Cornish coast. Try and create your own flame on an oxy-acetylene torch model.

## RED POST-A HAUNTED PLACE? (Extracts taken from Scarey Southwest)

Red Post, between Bude and Launceston was the site of many hangings and as such, possible hauntings. The Red Post signpost, marks the crossroad of the A3072 Holsworthy to Stratton road with the B3254 Launceston to Kilkhampton road. Red Post has appeared on maps since around 1817. During this time the area became a site for a wharf for Bude Canal and a brick and tile kilnwork. The nearby Red Post Service Station and the Red Post Inn and Tourist Park take their name from the iconic Red Post. There has been an Inn on this site since the 9th Century, and the Inn was once a place where smugglers notoriously frequented. This site is also of important geographical significance due to the adjacent bronze age burial barrows, found near Red Post.



One of the reasons signposts such as this were painted red was to mark the site of a gallows, and the Red Post signpost does indeed mark a place where public executions took place over many centuries. To deter other people, many bodies were often gruesomely left to rot at Red Post. During the Middle Ages, crossroads were used as a place to bury people who had died by suicide as suicide was considered a crime. Also, witches, especially old women, were buried at crossroads as the parish would have nothing to do with their burials. The last hanging at Red Post took place in the mid 1800's for sheep stealing. In Folklore, crossroads have much significance as they are known as a place between the worlds, also known as a 'liminal' place – it is where paranormal activity can occur, where pacts can be made with demons or devils and where other supernatural entities can be contacted.





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# JUBILEE CLUB

Monday 5 June Totnes to Dartmouth by Boat



For more information call -  
Diana Halls - 01840 261366 or  
Tina Martin - 01840 230182

## David's Random Ramblings

First and foremost, dear reader, I must offer my sincere apologies for the absence of my ramblings from the last edition of this esteemed journal. However, I'm afraid that I was absent from the locality and away on a once-in-a-lifetime holiday. There's no way I'm doing that again! And, since my return, I've had this recurring dream where, most unusually, I find myself in a pub - I'm not sure if it's the Wainhouse or the Coombe - and there is a giant mushroom enthraling everybody in the bar, regaling us with amusing anecdotes and hilarious jokes while also buying all of the drinks and snacks. What a fungi (or should that be fun guy?) to be with!

Finally, I believe that I mentioned a little while ago that I had spotted a sign announcing "St Piran's Well". More recently, I've seen another proclaiming, "St Piran's Cross". So, while Cornwall's patron saint may be in good health, it would appear that he's also in a bad mood. What did we do to upset him?



## CHORA Bike Trial

Once again we were subjected to a day of motorbikes for this annual trial. There was a great turn out with a lot of local boys and many from further away.

Thank you to anyone who was inconvenienced, for their tolerance.

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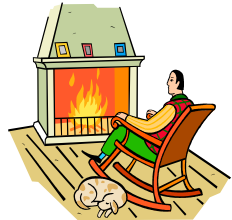


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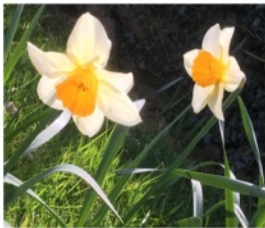
In February we enjoyed a relaxed, social evening as our Speaker was unable to attend. After the business part of the meeting, members voted to choose this year's Resolution, browsed the new County events and caught up with each other over refreshments. We were pleased to welcome two visitors, one of whom has since become a member.

We have now heard that the Resolution being put forward to the national Annual Meeting in May is: **Clean rivers for people and wildlife.**

This Resolution aims to improve water quality in our rivers, with regular monitoring for pollution. February is also the WI's "Show the Love" month when green hearts are made to demonstrate the organisation's commitment to addressing Climate Change.



In March we held our AGM when we looked back over the past year and ahead for 2023/24. We thanked our departing Secretary, welcomed a new Committee member and presented the annual prize to our Competitions winner. After refreshments, we finished off with a Christmas-themed game of Pass the Parcel! This had been postponed from our Christmas Party and caused such hilarity that we may consider doing something similar at the next AGM.



Looking ahead to our next meetings :-  
April 20th Visit to Cornish Farmhouse Bacon  
May 11th Resolutions meeting  
May 25<sup>th</sup> National WI Annual Meeting,  
Cardiff

We are lucky to have loyal members and our numbers remain strong. However, like all organisations we need and welcome new members to keep everything going and to build a sound foundation for the future. If you would like to know more about the WI, do come along to our meetings to find out if it is for you or call Jill on 01840 239829.



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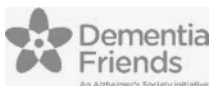


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## A BIKE RIDE IN GLORIOUS SPRING SUNSHINE. Celia Proudfoot.

Note: This article is written in place of the Walking Group page which will be back next issue. We are over half way through March and it is at this time of year that I along with many others am really fed up with constant rain (I know we need it) and long dark days, so I welcomed Sunday 19<sup>th</sup> March with open arms. "At last I can go on my bike and really enjoy it," I said to myself. Constant high winds, (too dangerous on the bike) frosts, (risk of ice; one fall from my bike was one too many) and torrential rain, ( just



plain unpleasant) have curtailed my cycling hugely in recent months. I don't mind drizzle and breezes, they make me feel alive and in touch with the elements and it is said there is no such thing as bad weather, just bad clothing but.... that first day of Spring feeling is just wonderful. I love my bike. It takes me much further than I can go on foot and I can stop where I like. I walk up the hills (at my age it's knees!) So I get both walking and cycling in. Most of all it's good for my head. I feel so lucky to live down here. On Sunday's bike ride I stopped at my usual place, the Jubilee Bench. I photographed the daffodils, sent a selfie of me to my family, stopped to pat a sweet horse, and did not take a photo of the huge pothole close to the bench. I didn't want to spoil my day getting cross about potholes (see Sarah's article on page 20) However I will start reporting the numerous potholes to Cornwall Council now I have read you can do this. On with the bike ride. Heading from Trengune in the direction of Warbstow, the birds were singing and like me, making the most of this first wonderful day.



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## TREE SCULPTURE AT THE MUSEUM OF SOMERSET.

This installation was created by Simon O'Rourke, an artist from Wrexham. It is made from a Somerset oak which was felled on the Quantock Hills. The tree was about 175 years old and was destined to be made into beams. The carvings on the tree reflect some of the objects and stories found in The Museum of Somerset. At some point during its history the tree served as a target for shooting. There is lead shot visibly embedded in its trunk. I went to visit a friend in Taunton recently and we spent a really enjoyable afternoon at the museum, finishing off with tea and cake at the museum cafe. The museum is also very child friendly.



Celia Proudfoot.



Guides and Rainbows Mary Andrew 01840 230006

Brownies - Louise Cowling 07817985661

### HIGH TIDES and SUNSET APRIL - MAY 2023

Date	1 April	8 April	15  April	22 April	29 April	6 May	13 May	20 May	27 May
AM	6.12	10.07	5.04	9.55	17.27	9.02	3.41	8.57	3.52
PM	18.30	22.24	17.25	22.23	5.06	21.14	16.07	21.23	16.17
Sunset	19.54	20.05	20.16	20.28	20.39	20.49	21.00	21.10	21.18

NB - Heights are based on Newquay for Bude +25



A warm welcome from Sue, Neil and the Team is assured at the Old Wainhouse Inn. We hope you enjoy the warm relaxed atmosphere.

Please note Spring changes

Sunday Carvery 12-8pm

Breakfasts - Friday, Saturday, Sunday

Daily meals 12-8.30pm

Please check times and/or book your meals

Booking is advisable Tel: 01840 230711

**The Old Wainhouse Inn**

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**references on request**

**Please call Jeremy Draper on 07847 893603**

# Warbstow Bury

A large double ringed hillfort on the slopes of a hill in Warbstow, the second largest in Cornwall and perhaps the best preserved. The fort consists of two complete rings of massive ditch and banks, the outer walls of which are almost covered with gorse and bracken, with deep ditches at the bottom of each rampart. There is also an incomplete third ring around approximately half of the fort in between the outer and inner ramparts. Two entrances are opposite each other at the northwest and southeast through both rings, while a third entrance at the southwest is only through the outer defences.



At the centre of the fort is a large mound, 22 metres long known as the Giant's Grave or King Arthur's Tomb, which is possibly the remains of a neolithic long barrow, or perhaps a medieval rabbit warren.

During the Second World War the Home Guard had a lookout and a Tommy gun for shooting down enemy aircraft. The men manning the hut reported that they could see search lights as far away as the coast of Wales again proving the importance of this place as a vantage point, undoubtedly why it was chosen as the site for the hillfort all those thousands of years ago. There is a small carpark beside the southeastern entrance, and a signboard which gives much information about the place. Access to the fort is open to all. Postcode for nearby the site is PL15 8UZ or What Three Words is booth.marsh.commutes.



*“Tourists in search of the magnificent and the beautiful should pay a visit to these wondrous heights, where will burst upon their delighted vision an expanse of country extending from the quiet little haven of Bude to the hills of Dartmoor stretching grandly across the distant horizon. Glorious!”*



## SPRING PLANT SALES

April 29 **Julietter** Garden Club, Marshgate Hall 10-12

May 13 **Egloskerry** Garden Club, Tresmeer Hall 10-12

May 20 **Poundstock** Plant Sale, Gildhouse 10-12

(Applications for tables are welcome)

### **Other gardening items you may be interested in**

1/2 April Cornwall Garden Society Spring Show

**Wadebridge** Showground 10-5pm

29/30 April Cornwall Home and Garden Show

**Wadebridge** Showground 10-4pm

8 July **Treknow** Garden Club Show 2pm opening

28 July **St Gennys** Horticultural Show

August Bank Holiday **Bude** Horticultural & Honey Soc

Parkhouse Centre (check details)



## Advertising in the Jacobstow Journal

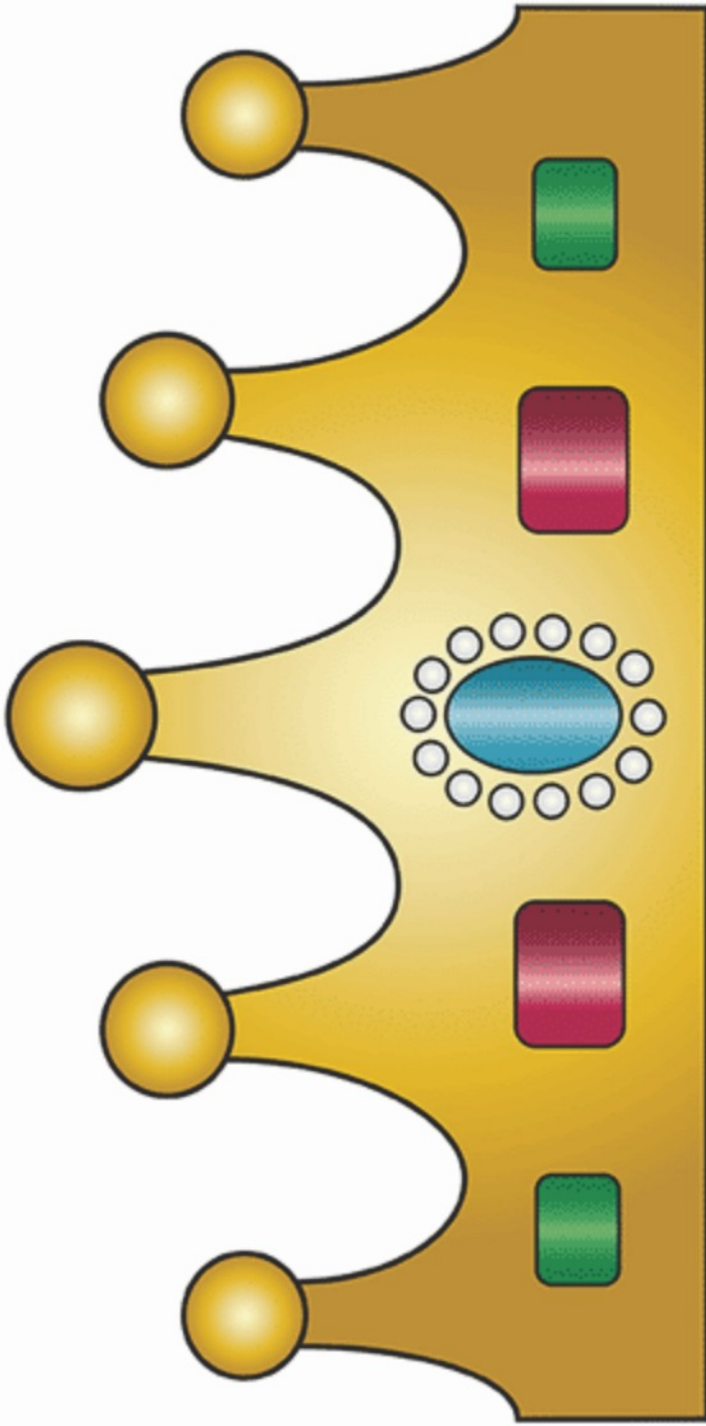
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## KIDS' PAGE.

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## St Gennys Silver Band

The band was formed in March 1907 by Mr Cooke, the school master. There were 23 players from the parish. Initially they practiced in St Gennys School but moved to the newly built Royal British Legion Hall in 1926, where they still practise on **W e d n e s d a y** evenings 7.15-9pm.



Norman's Memorial Coombe Barton

Youngsters have been taught a love of music and to perform in a band.

Local entertainments have been enhanced by their presence such as Carol Services, Garden Shows, Fetes, Carnivals, Parades and Concerts be it in the Sandpit or a local Hall.

They have entered competitions and have received accolades.



Sausage Sizzle at Crackington

There have been ups and downs over the years. The band was put on hold during the First and Second World Wars but restarted afterwards.



Christmas Carols 1960 at Coxford

In 1973

Boscastle Brass Band disbanded and the remaining players joined St Gennys. Mind you by 1979 there was a great possibility that St Gennys also could fold through lack of players. If there is no one to teach and give experience to youngsters they do not become interested in continuing and a stagnant band is created.



Marching in Bude Carnival

St Gennys Silver Band continue to soldier on giving an excellent performance in concerts, teaching youngsters and attending events.

**As they are always looking for new players contact**

**Heather Smith 01840 230976 if you are interested.**



Flora Dance at Boscastle



Another Cracking Evening

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# What's On in And Around Our Area



Sat 8 April Launceston town band dance to the band from 6pm

Sun 9th April - Friends of Bude Sea Pool Easter Eggstravangaza 12-2pm Fancy dress, Egg hunt

Wed 12 April 10-4 Gildhouse Open for free cuppa tea

Sat & Sun 15/16 April Offset Show Wadebridge music and cars

Sat 15 April 11am Parkhuse Centre - Slow Fashion

Sat 22 April Soul Fest Penstowe 5pm

Sat/Sun 23/24 April Bowls Taster 10-2pm see -Fb Stratton Bowling Club

Sun 23 April Drive-It Day and also St George's Day

Easter at Wadebridge Antiques, Salvage & Decorative Fair



Also at Pensilva Liskeard and Lostwithiel

Sat 6 May - Coronation service in Westminster Abbey

Sun 7 May - Coronation Celebration at the Castle grounds, Bude 11-5 music, fun and entertainment. More celebrations to follow.



Bude Sea Pool Coronation Big Lunch Cream Teas, music 2-4pm

Bideford 10K run

Flotsam the Fools Circus Workshops at The Castle

Sat 13 May - Bude Sea Pool Fashion Show - See [www.budeseapool.org](http://www.budeseapool.org) for details

Wed 17 May Gildhouse talk "The War Years" by Clair Roberts

Thurs 18- Sun 21 May - Bude Literary Festival includes 20 Kids special

Sat 27 May - Sat 4 June Bude Arts & Crafts Trail launch - Open studios and workshops.

Fri 16 June Ministry of Sounds Classical at The Wyldes

Fri 16 June Tsunami Ocean Trails The Castle

Fri 21- Sun 23 July Leopallooza at The Wyldes





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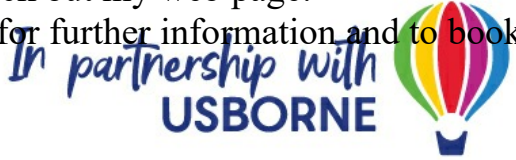
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**This delightful “Easter Bonnet” is on a postbox just up the hill from Canworthy Water on the road to Launceston. A big thank you and well done to whoever knitted it. What a joy! Please keep knitting.**



## JACOBSTOW WALKING GROUP



Mary : 01840 230656;

Celia : 01566 781 473;

Sue : 01566 781292

## REGULAR EVENTS - In Parish Hall unless otherwise stated

- Monday      Cubs 6.30-8.00 Scout Hut  
                 Brownies 4.30-5.30 - Canworthy Sunday School
- Tuesday     Scouts 6.30-8.00 Scout Hut  
                 Rainbows 5.45-7.00  
                 Guides 7.00-8.30
- Wednes     Beavers 5.30-6.30 Scout Hut
- Sunday      Coast Family Church 10.30
- 1<sup>st</sup> Tuesday monthly Parish Council meeting 7.30  
Arts & Crafts Club Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details
- 2<sup>nd</sup> Thursday monthly WI 7.30
- 4<sup>th</sup> Tuesday monthly Juliotter Gardening Club, Otterham Hall, 7.30

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**LOCAL BUSES**      **Please Note** If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

**95/95B and 94** These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

**Transport for Cornwall** - 08081962632 - [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

---

**220** - Launceston, Tues;      **371** - Launceston, Mon/Thurs;  
**372** - Holsworthy, Wed;      **373** - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

**Travel Cornwall** - 01726 861108- [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

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Library Renewal Hotline )  
North Cornwall MP Scott Mann  
Nicky Chopak (County Councillor)  
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Crimestoppers (Anonymous)  
Floodline  
Power Cut-Western Power Distribution  
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01208 75656  
07810302061  
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0800 555111  
0845 9881188  
08006783105  
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03001234212  
0345 3712717  
034444994188

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National Rail Enquiries 08457 484950  
National Express coaches 08717818178  
Farming Community Network 07002 326326  
Rebel Cinema 01288 367442  
**SAMARITANS** 116123  
**Child Line** 0800 1111  
**Women's Refuge** 01872 225629

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111

## Hospitals

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Bodmin, E Cornwall  
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StrattonHospital  
Stratton Minor Injuries

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01872 250000  
01271 322577  
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01566 761001  
01566 761030  
01288 320100  
01288 320101

## Doctors' Surgeries

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Medical Centre, Stratton  
Drs Nash & Uglow, Camelford

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01288 270580  
01288 352133  
01840 213894

## Jacobstow Organisations

Jacobstow Infants School 01840 230337  
Parent/Teacher Association Jenny Johnson 01840 230456  
Women's Institute, Mrs J Baker 01840 239829  
Jacobstow Church, Mr Brian Marshall 01840 230526  
Art Group, Jeane Gimblett 07706927197  
Happy Crafters, Eden Chapel - Alison 01566 781418  
Parish Hall Bookings, J Gimblett 07706927197  
Beavers, Josie Shepherd 01840 230330  
Cub Groups, Mrs D Dowling 01288 352786  
Scouts, Robert Medland 07842084971  
Guides and Rainbows Mrs M Andrew 01840 230006  
Brownies Louise Cowling 07817985661  
Wainhouse Post Office and Stores 01840 230554  
Jacobstow Walks, Mary 01840 230656  
Jubilee Club Diana 01840261366 or Tina 01840 230182  
Julietter Garden Club, Pat Thorne 01840 261237